

# Kākua

GIVE HELP

# Aku

RECIEVE HELP

# Kākua

HELP ONE ANOTHER

# Mai

PDC GAMMA THETA - 2012-2013

# The Publication Committee

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**Katie Bass**

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Being a part of Gamma Theta has been an amazing experience, I felt like we've accomplished so much in just one year. As a new brother I didn't know what being a brother entailed, but even through the rushing process I could see how dedicated brothers were to PDC. That's what makes PDC special, we all work to make pharmacy a better profession, we all work for each other, and we all grow as leaders with each other.

The theme for this year's publication is the Reflection on Brotherhood and the colors are of course old gold and dregs of wine. Everything that we do as a chapter is meaningful. Whether it's picking up trash on the beach or running a health fair for the underserved, it all reflects our brotherhood. Brotherhood is why a lot of us joined PDC, so it's only fitting that we reflect on everything we've done this past school year and how it pertains to brotherhood.

It's a great honor to work with a group of students that are so motivational. PDC sets the standard of how student organizations at the Daniel K. Inouye College of Pharmacy should be. Everyday we are making history for Gamma Theta and this publication shows you how we are doing it. All the credit goes to the brothers of Gamma Theta, without all of their participation and effort, none of this would have been possible. I hope that you enjoy reading this as much as the publication committee enjoyed putting it together. Mahalo.

AAAE

-Kim Nguyen

The Publication Committee



Left to Right: Thao Phan, Katie Bass, Chiu Auyeung, Antonio Verduzco, Kim Nguyen, Derick Taylor, Jillian Wewers (not pictured: Roxanne Sewake)

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Student Organization Fair  
Meet and Greet  
Ice Cream Social

Speed Rushing  
Kona Trip

Pinning Ceremony  
Car Wash

CV/Resume Workshop  
College of Pharmacy Health Fair  
Breast Cancer Awareness

Founder's Day  
Operation Christmas Child  
Hot Dog on a Stick Fundraiser  
Secret Santa

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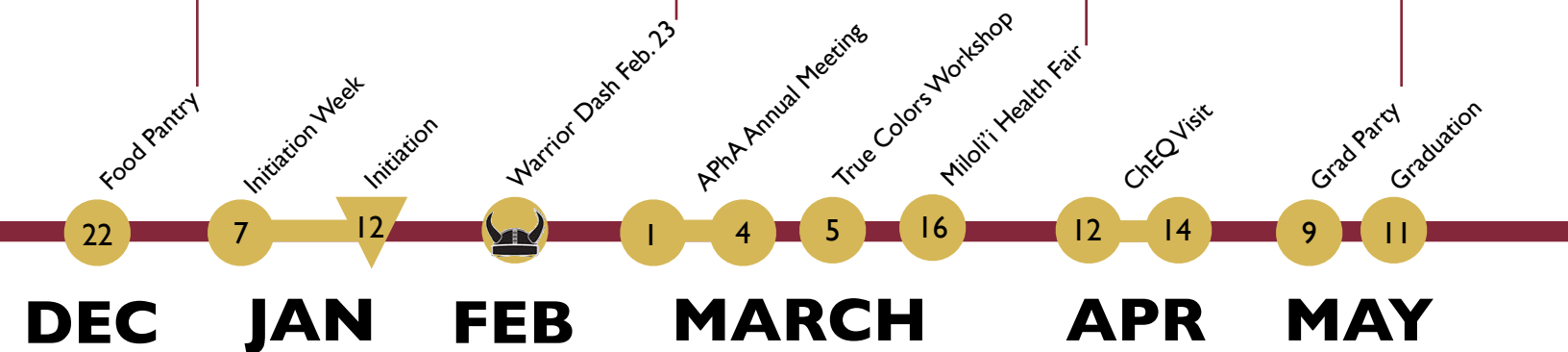
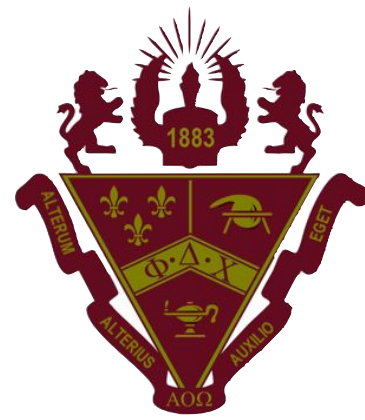
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**AUG**

**SEPT**

**OCT**

**NOV**



# Outgoing Officers



Left to Right: Bryan Huynh, LaTasha Riddick, Jin Bae Pak, Andy Le, Janine Masri, Katie Bass, Jimmy Stevens, Lindsey Takara, Keith Acab, Jill Anne Villarosa

# Incoming Officers



Left to Right: Samantha Chang, Jarred Prudencio, Moani Hagiwara, Bryan Huynh, Katie Tamai, Mina Ibrahim, Edward Wong, Lindsey Takara, Derick Taylor, Jill Anne Villarosa, Jillian Wewers

LET US EACH HONOR PHI DELTA CHI/officers

## Outgoing Officers

WCC:

Janine Masri

WVC:

Andy Le

WC:

Lindsey Takara

WKRS:

Katie Bass

WKF:

Jimmy Stevens

WP:

Keith Acab

WAL:

LaTasha Riddick

WMA:

Jin Bae Pak

WIG:

Bryan Huynh

Webmaster:

Jill Anne Villarosa

## Incoming Officers

WCC:

Bryan Huynh

WVC:

Jill Anne Villarosa

WC:

Lindsey Takara

WKRS:

Katie Tamai

WKF:

Jarred Prudencio

WP:

Eddie Wong

WAL:

Samantha Chang

WMA:

Mina Ibrahim

WIG:

Moani Hagiwara

Webmaster:

Derick Taylor

Historian:

Jillian Wewers



# Outgoing WCC: Janine Masri

Brothers,

I can't believe it's already that time of year where officers share our outgoing messages with the chapter. I feel like I'm just getting started, and I am very excited to see what the future brings for Gamma Theta. I've had a life-changing year as WCC and I feel like the most important way I can give back is by sharing my experience. I've always had a set idea in my mind of what a leader should be. I've noticed traits in leaders that I've admired over the years, and I have incorporated these into my definition of what I define to be a true leader. At the start of this year, I knew I wanted to be a part of shaping our chapter, but when I thought about the important role the Worthy Chief Counselor plays, I questioned if I could encompass enough of these traits. I didn't want to fail any of you, in any way, by taking on a responsibility I wasn't able to fulfill.



I told myself that leaders could only be effective if they had large, outgoing personalities, the ones who are the life of the party, the charmers. As many of you know, this is not really my nature. Add to this other leadership qualities that are works in progress for me, like being disciplined, being the motivator, the support system, the voice of reason, the decision maker, and being our chapter's biggest advocate. These are all traits I've admired in people and although I always work in this direction, many of them are actually my weaknesses. Over the past year as WCC, each one of you has helped me come to a realization. Our chapter does need each one of these traits in their leaders, but we each need the help of the other, and I can and I have relied on my brothers to fill the roles that I cannot fill. It is not the purpose of the WCC to be all of these traits, but rather to be able to bring all of these traits to the chapter, to bring anything and everything that is needed to our chapter, even if it is to help just one brother. Especially if it is to help just one brother.

My brothers add that uncontrollable excitement that keeps us going, you are the life of the party that keeps our spirits up when the going gets tough. You guys make our celebrations that much more enjoyable. You make them epic. Each one of you brings something to the chapter that I cannot, and for that I am grateful. I have relied on you to be voice of reason, to support each other in everything we do, and you've inspired me to keep moving forward because I know you will always have my back.

My perspective on leadership has changed, because my brothers have taught me that what it takes to be a true leader is to serve those around you, to connect with as many people as you can, and to leave everyone a little more empowered to continue their own path towards success. It doesn't matter whether or not I'm the biggest personality in the room, because at the end of the day, every person has their own way of bringing positive things to the fraternity. I mentioned that this perspective change was life changing, and I don't say those words lightly. I wanted to write about this to share my experience, and also to make a commitment to myself and to the chapter.

I have challenged myself, and I challenge each of you, to never shy away from taking on new roles in leadership. There isn't one person in Gamma Theta that I don't believe has the ability, with the help of their brothers, to do great things in life. My words of wisdom for Gamma Theta's next WCC is to always listen to your brothers; they are an amazing group who will continue to impress you, if you give them the chance. My commitment to everyone is that I will always be here to contribute to our chapter any way I can, I will be your biggest advocate, and I will always have your back. What I ask of you is that, in good times and in bad, please continue reach out to your brothers to ask for the support you need, and please be the support they need from you. Each needs the help of the other; this means so much more to me today than it ever has. Thank you for being the help that I needed, and for giving me the opportunity to serve as your Worthy Chief Counselor this past year. This has truly been an amazing year for me. I'm so proud to be your brother, a brother for life.

-Janine Masri

# Incoming WCC: Bryan Huynh



As the incoming Worthy Chief Counselor, I would like to thank my Brothers who show faith in me that I can continue to contribute and better this fraternity. This position will allow me the opportunity to express the love I have for Phi Delta Chi through dedication, hard work, and success. I would also like to congratulate the other Brothers who have been elected into an officer position. We have a strong executive board and I have complete faith in them that together we can accomplish whatever we set our goals to be.

Last year, as Worthy Inner Guard, I had the opportunity to follow under Janine's leadership. She has been an inspiration this past year and has made the position of Worthy Chief Counselor an intimidating one to follow. However, with her compassion, knowledge, guidance, and continued support she has instilled in me faith and confidence to be a leader of this fraternity.

What she has shown me by being an excellent example herself is that you

really have to love what you are doing in order to take on anything.

I am overjoyed and anxious for this upcoming year. It will be exciting to continue successful chapter activities such as rush and pledge, fundraising events, providing study sessions and workshops, brotherly bonding, participating in community health fairs and hosting our annual Miloli'i Health fair. Though we may have many goals within the year, there is no doubt that this year our main focus will be to host the 2014 Pacific Regionals. Having a successful Regionals will require the effort of the entire fraternity and I believe in each of my Brothers to do what is asked of them for love of Phi Delta Chi, and in return I promise to work to my full potential. It will be a demanding year, but the success of Regionals will allow to us to gain better national recognition. One day I do hope that the Gamma Theta Chapter of Phi Delta Chi will become a chapter that other chapters will want to model after.

From my experience, the Gamma Theta chapter of Phi Delta Chi has evolved into an organization that not only promotes becoming a leader in pharmacy, but it promotes the ideals of Brotherhood. I have never been in an organization that consists of members who all express a sense of 'ohana.' It could be the atmosphere of Hawai'i, but despite being away from my home, I have never felt closer to family. I believe that is what makes us unique. With that, I hope all of my Brothers, new and old, are ready for a memorable year that I certainly will never forget.

AAAE

-Bryan Huynh

# Outgoing WVC: Andy Le



Hey Jill,

I'm so proud of you for getting elected as Worthy Vice-Counselor. You're going to do a great job. You're easy to talk to, social, responsible, and smart. I know you really care about PDC, and I know amazing things are going to come from you next year as WVC. I really don't have much to tell you, but the position of WVC is really what you make of it. I tried to be an enforcer whose role is to keep everyone on the same page and make sure things ran efficiently. I worked really hard with the professional/scholastics committee because that's where PDC seemed weakest this year. I gave my best efforts to support Janine in everything she did, and helped her as much as I could when things got overwhelming. Just do what you can and put your heart in it. While WCC is the face of the fraternity, don't forget as WVC you also are a face of the fraternity. Make sure your brothers

represent us professionally within the school and on a national level. Support Bryan and all of the other officers with anything they need. Be active, be available, don't freak out, and don't be afraid to speak your mind. When things get difficult and people are being difficult, make sure to consult with your fellow officers on how to handle things. Me and Janine solved a lot of problems last semester just by checking each other's emails before they got sent out and always CC'ing each other on every email. We Facebook chat, Skype, txt, call, meet up in class and after class. I know you won't have any problems but make yourself available. Use your brain and your heart. Be tough and since I know you will give your best efforts to your brothers, expect nothing less from them as well. Out of anyone in the fraternity, I'm glad it's you who's taking over for me and I know the position is in great hands. On a personal note, you're a great friend and brother in PDC. I know I can always trust you with anything, Jill. I'll miss you when I leave for rotations and contact me if you ever have any questions, I've always got your back.

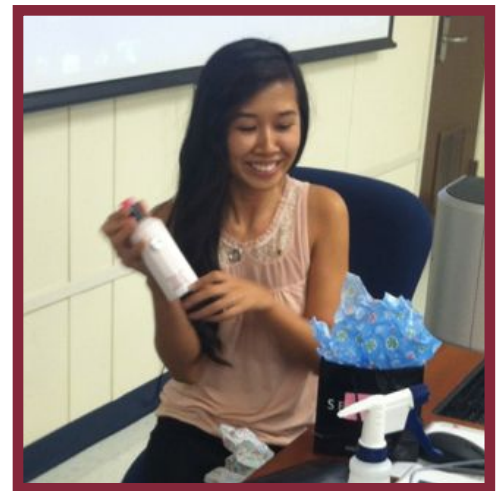
-Andy Le

# Incoming WVC: Jill Villarosa

Hello Brothers,

I would like to thank you for the great honor of allowing me to serve as your Worthy Vice Counselor for the 2013-2014 school year. The upcoming year should be a very exciting time for all of us, especially with our chapter hosting the 2014 Phi Delta Chi Regional Conference. This responsibility is of great importance, but is not our sole duty to our brotherhood. I along with the rest of the executive board, hope to lead our brotherhood in ways that would allow us to continue to improve upon all that we do.

Being a Phi Delta Chi brother has been a great experience like none other. As I have shared in my outgoing statement as the 2013-2014 Webmaster, there is a pride that you feel once you have truly experienced what it means to be a brother of Phi Delta Chi. My hope is to make each of my brothers feel that same pride and to enhance this feeling so long as they remain our fraternity brothers.



Thank you once again for electing and entrusting me with the position of Worthy Vice Counselor. I look forward to an exciting year with all of you.

-Jill Villarosa

## Outgoing WKRS: Katie Bass



As I reflect on this past year, all I can think about is how proud I am of the PDC Gamma Theta chapter and how honored I am to call myself a brother. When I took my position as Worthy Keeper of Record and Seals, I had no idea what to really expect. I learned so much this year from my fellow officers and from all the brothers in general. Since joining PDC Gamma Theta I have watched the fraternity grow by leaps and bounds. We have more than doubled our membership, have increased our community service outreach, started new committees, and provided countless opportunities for our brothers to get involved in whichever way they choose. As committee chair of the publication, I was very pleased to see how hard my committee work and was very impressed with the final product. The publication is yet another shining example of how hard the Gamma Theta brothers work and how much we continue to improve the chapter. It saddens me to think about having to leave when I feel like I still have so

much more I want to accomplish within the organization. However, I know that my predecessor Katie Tamai will do a wonderful job of carrying on the PDC Gamma Theta WKRS title and Jillian Vewers will bring the publication to new heights and to award winning status. I am so excited to see how this fraternity continues to grow and develop and I know our boundaries are endless.

-Katie Bass

## Incoming WKRS: Katie Tamai

As the newly elected Worthy Keeper of Records and Seals and a new brother of Phi Delta Chi, I am honored and excited to be an integral part in shaping the future of the Gamma Theta Chapter in the upcoming year. I look forward to learning more about the brotherhood, as well as continuing to dutifully attend all meetings, to maintain accurate and organized records, and to preserve the history of our chapter. Most of all, I hope to uphold the admirable standards that our predecessors have set for us and to help build on that foundation to improve and grow as a chapter. I am truly grateful for this opportunity to serve as your Worthy Keeper of Records and Seals.

AAAE

-Katie Tamai



# Outgoing WKF: Jimmy Stevens



The past 3 years have been full of incredible learning, great times, and lasting memories. I pledged Phi Delta Chi hoping to experience brotherhood bonding like those seen in the movies. I can say that I had a blast here in Hilo at pharmacy school. From interview nights, health fairs, trips to other cities, study sessions, and hanging out, I have shared all this with you.

This particular year was unique because I was able to serve as your Worthy Keeper of Finance. My goal as an officer was to do my job promptly, try my best to help out everybody and show support of every idea or thought. From what I have learned, I would encourage everybody to listen to one another. I have seen this organization grow into what it is today, a great and worthy organization that will always be apart of me. Looking towards the future my hope is that the new officers can out perform the departing officers. I also hope that future brothers will carry us to new heights we have yet to think of.

In closing, I would like to say congratulations to the graduating brothers and good luck in your career. Good luck to my fellow classmates on your rotations. Congratulations to the new officers, I have faith in each of you. Good luck to all my brothers coming back to Hilo for another year of pharmacy school. It has been an honor serving as your Worthy Keeper of Finance. Lastly, I would like to say that being apart of Phi Delta Chi has been better than any movie.

-Jimmy Stevens

# Incoming WKF: Jarred Prudencio

I just want to start off by saying thank you to all of the outgoing officers for all the hard work they've done throughout the year. You all did a great job and made this a very enjoyable, productive, and memorable year. More specifically, I wanted to personally thank the outgoing WKF & my Big, Jimmy Stevens. He's been an awesome WKF, Big, and friend, and has truly inspired and helped me in many ways. He's leaving some big shoes for me to fill and hopefully I can follow in his footsteps. That being said, I'm eager and elated for this upcoming year. I'll do my best in the WKF role and promise to give it my all. I'll keep all of our finances in check so that we can make the most of the events throughout the year. Just from this past year alone, I feel really proud to be a part of our Gamma Theta chapter, and I can't wait to see all of the things we will achieve. Hope you all are ready and pumped for what's in store.

-Jarred Prudencio



# Outgoing/Incoming WC: Lindsey Takara

Aloha Fellow Brothers,

From the beginning, I cared a great deal about Phi Delta Chi, but I did not truly develop a passion for this fraternity until I attended the Pacific Regional Conference last February. After meeting brothers from other chapters and learning about what they do and their goals, I realized that PDC is much greater than any single brother or chapter. I would highly encourage all brothers to attend National and regional meetings to connect with fellow brothers and to experience Phi Delta Chi on a national level.

At the conference, I attended the Achievement Award Program workshop. As a brother who recently crossed over I was really lost at first. I had no idea what was going on and no idea that this program even existed, just like most of you now. But during the workshop I learned about the Achievement Award Program and the Thurston Cup and I got a better sense of what it takes to achieve them. I developed a competitive spirit for it and learned its importance. I believe that the requirements set by nationals have played a huge role in guiding our chapter's goals and has helped our chapter become more well rounded. They have also motivated us to strive to do more and it has brought out a competitive spirit.

As the current Worthy Correspondent, I had the opportunity to maintain contact with other chapters, regional officers and national office. I have worked hard over the past year to keep our chapter on track for the 100% Achievement Award and ensure that we fulfill all requirements set by Nationals. I feel these reports have improved from years past and they bring us closer to gaining the recognition we deserve.

I am grateful for the opportunity to represent and serve our chapter again as Worthy Correspondent. I have high expectations for our chapter and myself and I would like to continue working towards them. I want to educate our chapter and make every brother more aware of the AAP program. I believe we can be one of the top chapters in the nation. I hope that one day the Gamma Theta chapter will win the Emory W. Thurston Grand Presidents Award. I want us to be competing for the Thurston Cup every year. We have a chapter full of great people, doing great things and I want the rest of the chapters to know it.



Alterum Alterius Auxilio Eget,

-Lindsey "Linsane" Takara



## Outgoing WP: Keith Acab

As I watched the new officers being elected a lot of emotions were running through me as I'm sure they were for you too. I could not help but think about how much we are alike with all the struggles in life that we go through. I'm not a fan of public speaking nor being able to talk about myself in that setting and there were several periods in PDC where I also wanted to de-pledge or quit. Not because it was hard, but because I wasn't getting the experience I was expecting. So what I'm getting at is that you will get the experience that you want if you put in the effort and have some courage to do so. I saw it in everyone who ran for positions that night and I felt I also learned a lot about everyone. I encourage you to keep trying to better yourselves and each other.

The only reason why I did not quit was because I wanted to be leaving the fraternity better than how I found it and I can proudly say, "mission accomplished" because of each and every one of you.

I'm very thankful for this opportunity. My only regret is that I wish I had more time to accomplish more things. The officer position has taught me what it means to be a brother of PDC and I have been truly inspired by what people bring to this fraternity and in the direction that we are headed. It is not going to take an award to validate or know that we are the best organization at the University of Hawai'i at Hilo. I know that all of us as alumni will continue to contribute to this fraternity and that we will always be here for support, advice, or anything else. For the incoming officers, I know the future of Gamma Theta is in good hands. To Eddie, you have my number and you can text/call me anytime even though I know you will be just fine. So I guess that means I'll just be checking in with you for updates on all the cool stuff were doing. Good luck Brothers

-Keith Acab

## Incoming WP: Eddie Wong

Hello Gamma Theta Brothers,

I am excited to be your Worthy Prelate for the upcoming season. I have a lot of things to accomplish, including my campaign goals, but my main thing is to help everyone create a stronger bond. I want everyone to make a connection with everyone else in the chapter. I feel I am a brother that people can turn to if they need help; whether it is an open ear, a drinking mate, or a gym spotter. I believe everyone could be that brother. As long as we are all comfortable approaching other brothers and open when others approach us, we can truly be there for each other. With this bond, we can achieve great things.

Keith has done a great job at WP. He really made the position his own and affected the chapter in the best possible way with his own special skills and talents. I am no Keith. I could never fill those shoes. But what I can do, is be a new style of shoes. I will bring my own set of skills to the court. And hopefully, I can do a great job too.



-Eddie Wong

# Outgoing WAL: LaTasha Riddick



Dear Sami,

Congratulations, I'm so glad you will be fulfilling the duties of this very important position. Sometimes the WAL position is overlooked in terms of activity and true relevance to the chapter, but I believe you understand the importance of keeping our Alumni Brothers connected to our Active Brothers. This job can be stressful at times, but my motto is "Be persistent B-E persistent" Our P4 brothers who will soon be alumni have begun to effectively shift and define the role of WAL for you by demonstrating their interest to be actively involved in our chapter (even when they're away). It is important for you to keep their attention throughout your term as WAL.

Another key aspect of this position is holding events in which Alumni Brothers can and most likely will participate. You have some great ideas to attract our Alumni to visit Gamma Theta and I'm confident you will see them through. As I told you previously, I will extend a helping hand, a listening ear, and words of advice and counsel to you during your term as WAL. Therefore, I don't expect that you will feel alone, confused, or disheartened as you navigate your way in this position. If at any time you happen to feel overwhelmed, please reach out to your fellow board members AND me. Again, congratulations and I am excited to see what you have in store for our alumni.

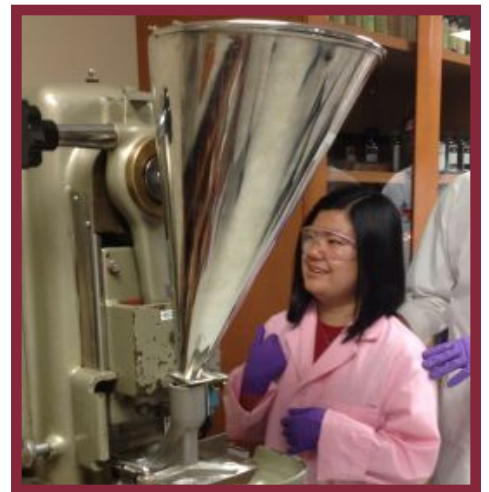
-LaTasha Riddick

# Incoming WAL: Sami Chang

Hello Brothers

I am most looking forward to connecting with current and soon-to-be alumni brothers. My hope is that together, we will be able to establish a Phi Delta Chi Alumni Chapter in the state of Hawai'i within the next year. It has been a pleasure to work with all of the brothers this semester and I can't wait to see how PDC evolves in the upcoming year.

-Sami Chang



# Outgoing WIG: Bryan Huynh

Aloha Brothers,

It has been an honor serving as your Worthy Inner Guard this past year. Being in this position allowed me to meet a diverse group of people that soon enough I was able to call Brothers for life. I also had the opportunity to work with a talented committee whose vision and hard work is greatly appreciated and does not go unnoticed. As Worthy Inner Guard I hope that I have properly educated the new and old members the national and chapter history of Phi Delta Chi. I always believed that it is important to know one's roots in order to know where we

came from in order to progress and look back to see how much we have grown. To the incoming Worthy Inner Guard, I hope that I have been an exemplary officer and that you have chosen this position because of your experience under my guidance. My advice is to be welcoming, hospitable, and knowledgeable because you and the Worthy Master at Arms will be the only liaisons between the Brothers and pledges. Always have an open ear and an open mind because things may not always play out as planned. Lastly, I believe it is important to enjoy the process in order to make everyone's experience memorable and something you would like to relive.

-Bryan Huynh



# Incoming WIG: Moani Hagiwara

I would like to portray the enthusiasm that our members have into events or speeches that myself and the WMA give to the new pledge class. I would like to get them as excited as I was to join PDC and show them how great of a fraternity it is. I hope the fraternity grows physically in number as well as in the amount of involvement with the community. I wish for this fraternity to build a strong relationship within its own brothers, the community, as well as the CoP. I am very excited to fill the big shoes that Jin and Bryan left.

-Moani Hagiwara



# Outgoing WMA: Jin Bae Pak

I am very proud of what I was able to accomplish as the 2012-2013 Worthy Master-At-Arms. As this school year's WMA, the **biggest** priority I had was to get the best of the best to pledge Phi Delta Chi. During the summer, I spent weeks to prepare for rush. Countless hours of thinking of ideas and planning were well worth it. I made it a priority to get to school a week before class began to start a buzz about our fraternity. I gave **everything** I had for rush. Even when things did not go as planned (Hapuna), I adapted on the fly and was successful in doing so. I knew that my blood, sweat, and tears were not going to be for nothing. Rush was a success, and I believe it set the tone for the pledging period's success as well.



I am extremely proud of my entire Delta Class. From top to bottom, there has not been a pledge class of this caliber. We have so many future leaders of pharmacy in the Delta class alone, and I am proud to have helped bring you all into our brotherhood.

I especially had great feelings of pride and accomplishment when I saw Jarred Prudencio (WKF), Mina Ibrahim (WMA), Derick Taylor (Webmaster), and Jillian Wewers (Historian) get voted into officer positions. I heavily recruited these four brothers (along with Kristina Lo) even before I was elected WMA. I am so glad you all made the decision to join PDC (and not KY ☺). The 4 of you are all qualified and deserve the honor of being leaders of our fraternity, and I am glad I was able to motivate you (however little that motivation was) to reach this goal.

I am also grateful for our Worthy Inner Guard, Bryan Huynh. Once we were elected, I laid out our roles perfectly so that we may play to our individual strengths. All my hard work for PDC Rush 2012 was complemented with Bryan's handle of the pledge process. Thanks, Bryan.

Mina, I believe that you will be an excellent WMA. You remind me of myself last year, already encouraging our fellow students to rush next year. Please know that I will be there to help you out in whatever way you need, but I believe that you will be an awesome WMA with or without my help.

Once again, thank you for giving me the opportunity to serve as your WMA. It has truly been my pleasure.

-Jin Bae Pak

# Incoming WMA: Mina Ibrahim



I am very humbled to be elected as the new WMA. I have some hard foot steps to follow because of the very successful rush/pledge class that was brought in by Jin. I think Jin Bae did a very good job and I want to continue to build on his success. I want to be as successful as him with the amount of people he got to rush, but I want to make a good selection on people that I would know will be beneficial to the fraternity. This will be a big year for PDC because of regionals, so selecting the right pledges is necessary and I hope to have success in doing this.

-Mina Ibrahim

## Outgoing Webmaster: Jill Villarosa

Being the webmaster for the Gamma Theta chapter of Phi Delta Chi has truly been my pleasure. I appreciate being given the opportunity to create a website for our brotherhood. I also thoroughly enjoyed being seen in a new light (computer nerd) by some of our brothers. I really do wish that were true. My path to becoming official webmaster was an interesting one. I had no intention of serving as an officer for our chapter, but wanted to help by creating our website since no one else had signed up for the task. However, I made it clear that I did not want the obligations that came with the title of a Phi Delta Chi officer. I am not entirely sure when I had the realization that I wanted to fully commit myself to the responsibilities of the webmaster, but I will always know why I had a change of heart. There is a pride that comes with one's initiation into the brotherhood, and this feeling only grows from the moments that you are privileged to stand behind your brotherhood's letters. Being a part of Phi Delta Chi has developed a passion in me that is a constant encouragement to inspire the same feeling among my brothers. In some way, my role as the webmaster has paved the path to becoming our chapter's Worthy Vice Counselor (WVC) for the 2013-2014 school year. To have been able to build something with passion and pride has been inspiring, and I hope to continue to do so as your WVC. I am humbled by your confidence in me, and I am very much grateful for the opportunity.



-Jill Villarosa

## Incoming Webmaster: Derick Taylor



It is an honor to take over the responsibilities as the next Gamma Theta chapter's webmaster. The outgoing webmaster designed and developed a very professional, easy to use website that will allow for an easy transition. I hope to expand the website to include information on Regionals that our chapter will be hosting next year, along with an expanded brothers section to include an online archive documenting our chapter's history in which I will be working closely with our new historian on this project. It is my hopes that [www.pdcgammatheta.com](http://www.pdcgammatheta.com) will be a "go to" website amongst its active, alumni, and regional brothers.

-Derick Taylor

# Incoming Historian: Jillian Wewers



As the first historian of Gamma Theta I am so excited to build a strong foundation for this position. I have many goals that I want to achieve that include implementing an organized archive that is easily accessible for brothers on the website. I also want to work with the Worthy Prelate in making a scrapbook that encompasses all of the love that Gamma Theta brothers have for each other and the community. Lastly, I will be overseeing the publication, which will be one of the biggest parts of my responsibilities. For the publication I have some big shoes to fill (literally, because my big is the current chair) but I plan on being successful by implementing a proactive plan that allows us to not lose track of all of the activities that Gamma Theta offers and participates in. I also plan on forming a photography crew so that all events will be captured for the publication, the scrapbook and to help the Worthy

Correspondent with her leadership reports. With these goals accomplished I hope that we will be one step closer to becoming a top ten Chapter and winning the Thurston Cup. I know that there is a lot of hard work ahead of me but if we all work together we can accomplish great things. I look forward to the upcoming year and can't wait to see all of the remarkable things that our chapter continues to accomplish. Let's make history!

AAAE

-Jillian Wewers



**Community  
Service  
Committee  
Chair:**

**Madison Karr**

**Committee  
Members**

Allen Bagalso  
Anissa Marzuki  
Conner Ferrin  
Elyse Kanda  
Eric Wigmosta  
Jack Goldsberry  
Janine Masri  
Jenny Ramos  
Jessica Parker  
Jill Villarosa  
Jozelle Gabriel  
Jynelle Tangonan  
Katie Tamai  
Kimberly Victorine  
Lindsey Takara  
Sisay Girmay  
Thao Phan

LET US DO GOOD BECAUSE IT IS A PLEASURE/ community service

**Community Service Mission Statement**

The goals of Phi Delta Chi are to fulfill the needs of society through volunteerism and philanthropic endeavors. We do this by increasing community awareness of prevention and treatment of both risk factors and diseases. We encourage healthy lifestyles and participation from students, staff and faculty to reach out to the community. This year through the hard work and aspiration of our brothers, Phi Delta Chi Gamma Theta ensured these goals were met through participation in numerous community activities. Our long term goal is to make a positive difference in the community and providing quality services to our patients, thereby advancing public health and strengthening ourselves as health care professionals.



The Community Service Committee





Brothers from the Gamma Theta Chapter along with students and faculty conducted blood pressure, cholesterol and diabetes screenings. Along with the screenings, there was a "brown bag" medication check for community members to bring all their current medications and be counseled on each one to ensure proper administration and compliance. There were also

healthy living demonstrations with instructors who taught various exercise techniques and routines. Informational booths were set up all around the fair to share information about healthy living lifestyles. This included smoking cessation, healthy diets, sexual health, cancer and many more. The younger family members were not forgotten. There was a healthy living art competition for local school children and a children's compounding booth. Other community organizations



were invited to conduct concurrent activities at the fair as well. This included the Hawaiʻi Bone Marrow Donor Registry, NED Drug Take Back Program, Hawaiʻi Cataract and Laser Institution, Hawaiʻi Island HIV/AIDS Foundation, Senior Medicare Patrol, and Akaka Falls Lions Club.





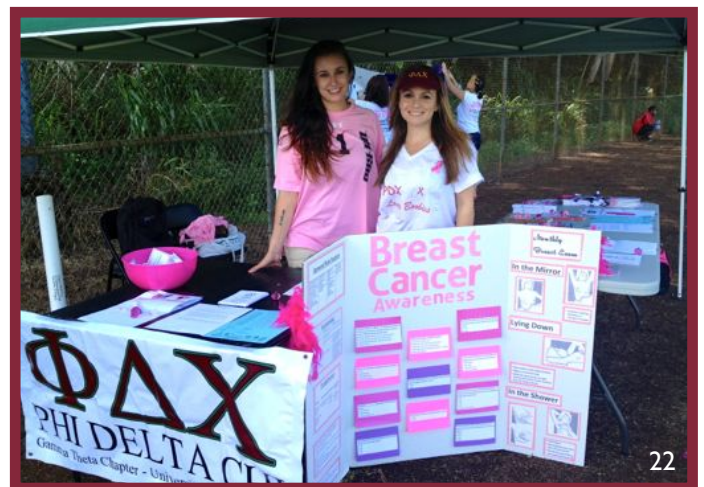
Leimomi Shearer, the cancer program manager for Hui Malama Ola Na 'Oiwī, a program that offers free clinical breast exams with referrals for mammography exams for uninsured and underinsured men and women stated “Native Hawaiian women have the highest mortality rate for breast and lung cancer. As women, we take care of everybody and sometimes we forget to take care of ourselves. The message is, take care of ourselves, so we can make sure to be there to take care of loved ones.” With this alarming fact in mind, Phi Delta Chi wanted to raise awareness and celebrate the lives of breast cancer survivors through ‘E Ola Kakou. The Hui

Malama Ola Na 'Oiwī, E' Ola Kakou celebrated breast cancer survivors and their o'hana in a fun filled, educational event with activities for all members of the family. While the event looked to honor the past breast cancer survivors, one of its main priorities was the future. Many of the booths at Hui Malama were set up with the goal of increasing the awareness in the local community about breast cancer. University of Hawai'i at Hilo College of Pharmacy faculty, Dr. Forrest Batz, asked Gamma Theta chapter to create an interactive booth with models and information boards to contribute to the event. The Gamma Theta chapter's booth featured informational poster boards that presented recent data and various facts on breast cancer. Along with the poster boards were interactive quizzes that helped gauge the community's current knowledge on breast cancer and a step by step guide to self-breast exams. Also on display was Brother Lindsey Takara's "Candy Lumps," which are hand-packaged breast cancer candy demonstration bags with assorted candy. Each candy was carefully selected for size that was respectively the same size as average breast lumps typically found depending on different detection methods and frequency of examination. The candy bags allowed for an interactive demonstration of lump sizes and assisted in educating people on the importance of early detection. The booth was able to reach out to over 75 people in the community that came out to the event.



## UHH MEN'S SOCCER BREAST CANCER AWARENESS

This October Phi Delta Chi Gamma Theta teamed up with UH Hilo's Men's Soccer to help raise money for breast cancer prevention and provide the community with education about prevention and treatment. The men's team wore pink soccer jerseys during the game and raffled the jerseys off during and after the game. All proceeds from the jerseys were donated to the cause. Brothers Janine Masri and Katie Bass attended the event to represent Gamma Theta and provided education to the fans at the game and helped raffle the jerseys for the men's team.



# NEW HOPE FOOD PANTRY

10.27.2012

New Hope, a local church in Hilo, hosts a food pantry each month where they hand out grocery bags filled with nutritious food to families in need such as; low income households,



the working poor, the disabled, the ill, senior citizens, and children throughout the island of Hawai'i.

Brothers helped in the morning by packing grocery bags based on household size and then distributed them. Brothers also assisted in other various duties as needed to maintain organization at the event. The brothers of Phi Delta Chi Gamma Theta have made this a monthly event with each month bringing different brothers to

# KALANIANAOLE SCHOOL CAREER DAY

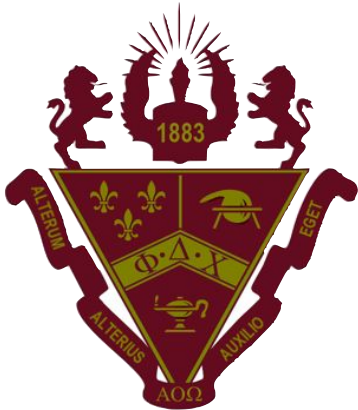
11.1.2012

Kalaniana'ole School Career Day was a career day presentation for the sixth, seventh, and eighth graders at Kalaniana'ole Intermediate School. Brothers went to inform them of the ins and outs of pharmacy, what a pharmacist does, what kinds of pharmacists there are and what schooling is required to get into pharmacy school. There were a total of three presentations given each to a group of 10-15 students including their teachers. This was an interactive presentation using Prezzi where each type of pharmacy was discussed using real world pictures and props such as compounding pharmacy, which we brought hand-made capsules, lollipops, suppositories, etc. Students were encouraged to actively participate and were asked questions about what was presented and given candy for participation. Volunteers also spent 10-15 minutes answering any questions after the presentation.



# OPERATION CHRISTMAS CHILD

11.10.2012



Every holiday the Samaritan's Purse organization sponsors the Operation Christmas Child Event. The event provides people with the opportunity to create and send a box of gifts to a needy child for Christmas. A participant takes a shoebox and fills it with various school, fun and practical gifts and a photograph, letter and/or return address for a child. That way, the child can know who their special package came from and how to thank them if they wish. The participant gets to select whether the package is for a boy or a girl and what age group it

is for. Once dropped off at specified locations, the packages could be sent out to anywhere in the world or even back in the home state of Hawai'i. Gamma Theta chapter worked with Big Island Toyota to make these deliveries possible. They generously provided us 33 plastic boxes to be filled and packaged. And they also covered the

shipping for the boxes, which are typically around \$7 per box. Pledges were also allowed to participate in this event with the actives. They had to make the extra effort and provide their own shoebox along with the \$7 shipping donation. Many of them worked in groups to create the packages and share in the shipping costs.

Altogether, with the contributions of the actives and pledges, there were over 50 packages dropped off and shipped out to needy children around the world.

Funded by the HI BEACON, the Get Fit Program was a 10-week healthy lifestyle challenge. It encourages participants to gather their friends, co-workers and family to form teams of 4 to 10 people, then take the challenge to make effective, positive lifestyle changes. Program elements include: access to fitness classes, activities and team prizes, personalized goals, resources like food, recipes and activity trackers, and free health screenings by RNs and student pharmacists. Pharmacy and nursing students worked under the guidance of faculty to perform blood pressure and BMI screenings as well as counseling of patients on ways to improve their overall health. Over the course of two and half months, patients were expected to follow counseling advice based on personal goals they set to improve their health. Many pharmacy students were able to pick a patient to follow. At follow-up events, patients came back and were reassessed to see how much their weight, BMI, blood pressure, and overall health and happiness has improved.



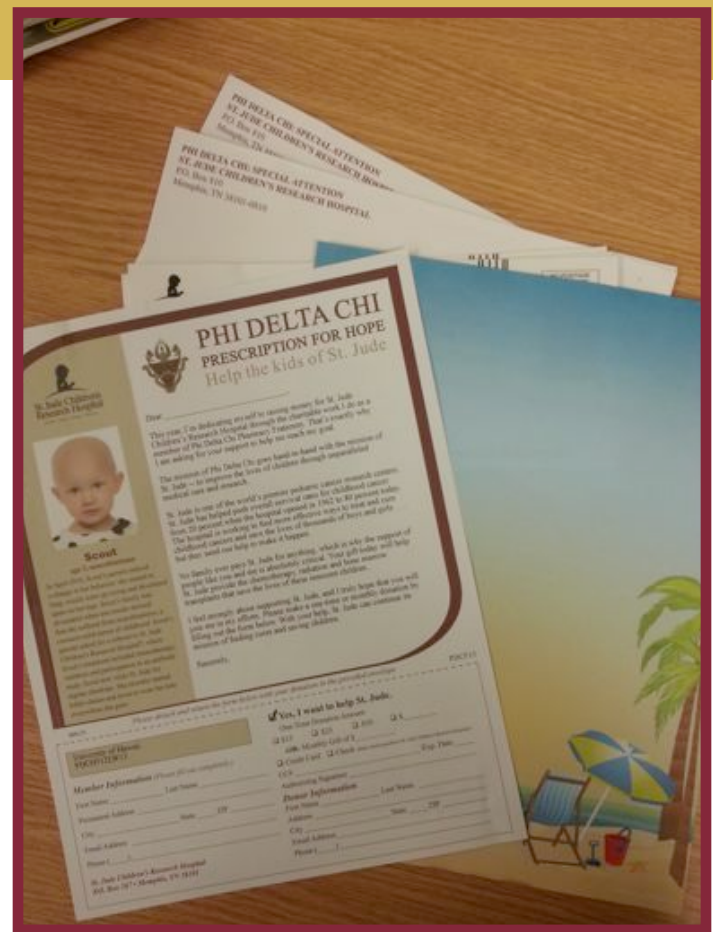
# WINDOW DISPLAY

This is a community service project that also serves as a competition between all of the chapters of PDC nationwide. The window display is a window dressing or poster intended to raise awareness on the importance of the role of pharmacy in the delivery of health care through addressing a specific health-related topic. Placement in a high-traffic location, multiple locations, and a unique theme greatly increased our desired outcome of raising awareness. This year Gamma Theta made two poster boards educating the public about the safety of using over the counter pain relievers and natural supplements, especially noni juice. Noni juice is a popular natural supplement that a large part of the community uses for pain and inflammation. Gamma Theta felt that these products are commonly used in our community and are thought of as “harmless.” The posters informed people of these product’s possible interactions and overdoses. Brothers also promoted the accessibility of the pharmacist to assist in making decisions about over the counter pain reliever and natural supplements. To target the rural population we decided to present our project at three of our local farmer’s markets, Hilo, Keaau, and Pahoa. Brothers of Gamma Theta attended these farmers markets every week for three months reaching over 1000 residents.



# ST. JUDE'S

St. Jude's is a project done every year by all the PDC chapters in the nation. It is our national philanthropy and as a community service event, it counts towards our end of the year awards. St. Jude's sends us the materials needed so brothers can send letters to their family and friends to inquire for donations towards St. Jude's. Each brother was highly encouraged to send out at least 3 letters. This year, stationary and confetti were also provided as part of the materials to inspire brothers to write their own message for a more personal letter. This was intended to show our dedication to St. Jude's and inspire the receivers of the letters to donate. All together the brothers of Gamma Theta were able to send out one hundred letters in support of St. Jude's Children's Hospital.

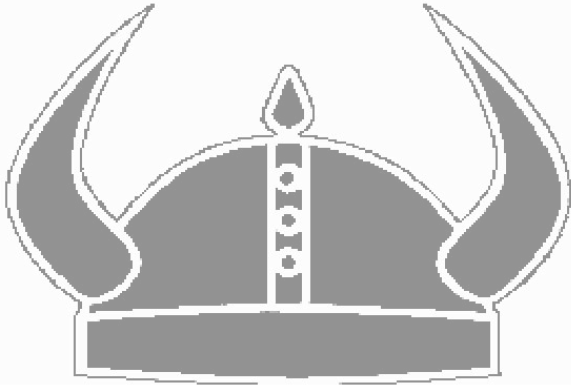


## BEACH CLEAN UP

2.23.2013

Hawai'i is famous for its beautiful beaches. They are a universal sign of beauty, serenity, and pleasure. A common phrase here in Hawai'i is "Respect the Aina, Live Pono," which means "Respect your land/home, live with honesty." PDC took this idea and blended it with the value of our beaches and collaborated with park services to devote a day to clean up the beach at a popular location, Onekahakaha Beach Park. We combed the ocean front with trash bags and collected any garbage found along the shores. We filled several bags with trash and even found a car tire and a vibrating chair. Albeit it was rainy and windy, but every brother who signed up did their best to clean a wide area of the beach.





# Φ Δ Χ

## ST. JUDE'S WARRIOR



For the first time ever, Phi Delta Chi Gamma Theta participated in the St. Jude's Warrior Dash on Oahu. The Warrior Dash is an obstacle course that is about 5 kilometers long with obstacles including things like mud crawls under barbed wire, climbing net-ropes, swimming in mud pits, and jumping over fire. The proceeds benefit St. Jude's Hospital, which is the national philanthropic project of Phi Delta Chi. The event was a huge success and there were over twenty brothers that participated. Brothers helped each other through the obstacles and even waited for one another to take a group shot of jumping over the fire. The

experience really embodied Phi Delta Chi's motto of "Each Needs the Help of the Other". The Gamma Theta Chapter hopes to continue to do this event in the future.



# IMILOA BIRTHDAY CELEBRATION

3.10.2013

Imiloa Astronomy Center is an iconic venue in Hawai'i with a mission statement of being "a place of life-long learning where the power of Hawai'i's cultural traditions, its legacy of exploration, and the wonders of astronomy come together to provide inspiration and hope for generations." Every year they have a birthday celebration and invite the entire town to come join the fun. This year we set up a kid's compounding booth, where we taught kids and their families' basic concepts of compounding through the creation of silly putty. We also took this opportunity to present our window display boards and educate the community about safety of over the counter pain relievers and natural



supplements. We helped create a fun and relaxed day for the community, while also promoting the profession of pharmacy.



## EVERYDAY HEROES

3.31.2013



Everyday Heroes is a project envisioned by our pledges Jenny Ramos and Kimberly Victorine in the fall semester. Their mission was to assemble a gift basket for a local police station to show our immense gratification and respect for the work that they do. They really wanted to present these baskets on a holiday, to emphasize our appreciation for them working on holidays and giving up time with their families and friends so that we can safely be

with ours. This idea spread like wildfire throughout the fraternity and we made it an official event the very next semester. On Easter Sunday, brothers of PDC Gamma Theta delivered two big gift baskets filled with snacks, candies, and drinks to the local police station. The officers greatly appreciated our gesture. It is now a tradition that we will carry forward in years to come.





Last year, Hawai'i Island HIV/AIDS Foundation (HIHAF), presented the Big Island's first ever AIDS Walk. PDC came on board as volunteers at the event as well as walkers to help promote the event to the entire town. Gamma Theta spearheaded the rest of the college's involvement as well. This year the brothers walked at the event and also provided A1C and cholesterol screenings. With the Big Island's high rate of illicit drug



use and location in a rural area, health awareness is not as widespread, which is why it is critical to have these types of events. With this in mind the Gamma Theta Chapter fully supports HIHAF and the AIDS Walk and

promotes philanthropy for them as much as possible.



# FACULTY APPRECIATION BREAKFAST

This year the Scholastic's Committee started a biannual faculty appreciation breakfast. This was the first time the Gamma Theta chapter has hosted anything to show appreciation for the faculty at the Daniel K. Inouye College of Pharmacy. Brothers donated breakfast foods and attended the event to mingle with faculty and staff. During the event, there was a PowerPoint presentation highlighting the Gamma Theta Chapter and all the events they had participated in during the past year. This is the only form of faculty appreciation on campus and Gamma Theta is proud to be the first ones to offer such an event. Faculty are welcome to come and enjoy breakfast with the brothers or to take breakfast back to their office. At the spring event, brothers even took special orders and provided delivery service to our off-campus faculty members. The event was a big success and will be carried on in the future.



On March 16th, 2013 the Gamma Theta chapter of Phi Delta Chi held its third annual Miloli'i Heath Fair. Historically Miloli'i is known as a uniquely isolated and underserved Native Hawaiian community located south of Kona, on the Big Island of Hawai'i. Miloli'i is identified as being the last fishing villiage in Hawai'i, with a population of approximately 200 people. Miloli'i is challenged with a lack of electricity, running water, fresh fruits and vegetables, and access to quality healthcare.

The annual health fair continues to expand to include more screenings, health education, and an expanded keiki (kids) camp that includes a keiki passport similar to that that the adults used in the previous health fairs. The Daniel K. Inouye College of Pharmacy and the Phi Dex Miloli'i Health Fair continues to collaborate with Big Island community organizations. This year the Hawai'i island HIV/AIDS foundation provided free HIV and Hepatitis C screenings. The Hui Mālama Ola Nā 'Ōiwi (group to take care of life and body) facilitates smoking cessation certification for students enrolled in the College of Pharmacy and attended this health fair and provided visual aids in smoking cessation and healthy eating. Other collaborations included working with the Miloli'i community liaison and other island-wide groups, including the National Kidney Foundation.

-Derick Taylor



The Miloli'i Committee

LET US PRACTICE THE VIRTUES AND WAR AGAINST VICE/  
miloli'i health fair



**Miloli'i  
Committee  
Chair:**

**Natalie Savona**

**Committee  
Members**

Tracy Ng  
Jimmy Stevens  
Elyse Kanda  
Jenny Lee Ramos  
Jillian Wewers  
Bryan Huynh  
Madison Karr  
Ryan Himes  
Andy Le  
Eddie Wong  
Jin Bae Pak  
Li Chen  
Thao Phan  
Kristina Lo  
Eric Wigmosta  
Allen Bagalso  
Moani Hagiwara  
Maurina Bartlett  
Jack Goldsberry  
Anissa Marzuki  
Mimi Thong  
Conner Ferrin  
Jarred Prudencio  
Katie Bass  
Shadi Obeidi  
Janine Masri  
Joson Perreria  
Jozelle Gabriel



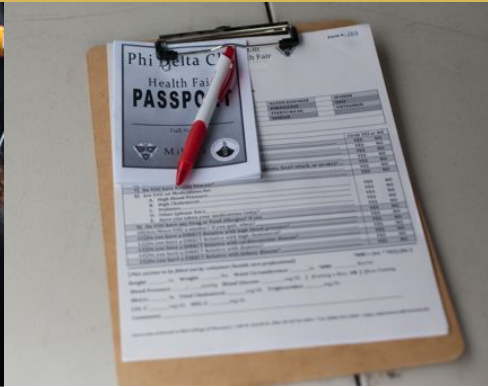
# EDUCATION BOOTHS



Education booths at this years health fair include Cardiovascular Disease and Hypertension education, Diabetes education, Asthma education, Smoking Cessation, Nutrition, Women's Health, HIV/STD's education, Active Living, and Kidney Health. These education booths have been adapted to specifically address the health needs the Miloli'i community. Participants at the health fair received a Health Fair Passport which was designed as a guide to the menu of services offered at the fair. These passports included space for participants to offer feedback or request for future services. This form has be subsequently implemented in the Daniel K. Inouye College of Pharmacy Health Fairs, as well as other local events.



# SCREENINGS



Health screening provided by the college of pharmacy included hypertension blood pressure screens, hyperlipidemia cholesterol screens, diabetic Hemoglobin A1c screens, height/weight/BMI, diabetic foot care, and a “brown bag” medication counseling with the pharmacists. For some residents this was their first year getting screened and for others this was their third year for health screenings. As the years continue and the research data is compiled, it is our hopes that we will see marked health improvement in this community which lacks easily accessible access to health care providers.



# KIDS CAMPS



The Keiki (kids) Camp this year included Easter egg dying, an Easter Egg Hunt, Compounding for Kids, and sports for the keiki. The pharmacy students were able to participate in healthy activities to promote healthy living with the keiki which included soccer and basketball. The addition of the keiki passport this year increased the participation in the keiki's camp as well as getting the keiki involved in the health education. It's never too early to start thinking about healthy living. Upon successful completion of the keiki passport, they were able to enter a drawing for fun prizes.



# WHAT HAS BEEN SAID ABOUT MILOLI'I

“We are very fortunate to practice in Hawai’i where we can work together to better the health of Native Hawaiians and Pacific Islanders (NHPI). However just in my few years here working at Bay Clinic and volunteering at health fairs for local communities, I have seen huge health disparities for NHPI populations. These health disparities are multi-dimensional -- poverty, lower education levels, geographical remoteness, language barriers and overall differences in mentality regarding provision and culture of medical care presents a huge challenge to providing quality care. It will take a concerted and long-term effort by the local medical community to address these dee-rooted challenges and improve the health of the native populations.”

- Candace Tan, PharmD. Assistant Professor of Pharmacy Practice, Daniel K. Inouye College of Pharmacy



“The Miloli’i health fair started out as a simple statement, ‘we should do something for the under-served.’ Statements like that have always been thrown around, but for most people that’s where it ends. It’s easy to get discouraged from doing what we think is best because it seems too difficult, or there’s not enough time, or we think someone else will take care of it. Miloli’i is a shining example of what happens when a group of people are willing to move past those barriers to do something good for the community.”

- Brother Christopher Ayson, Student Pharmacist, Daniel K. Inouye College of Pharmacy.

# THE PEOPLE OF MILOLI'I

PNC x Miloli'i

THE LAST HAWAIIAN FISHING VILLAGE



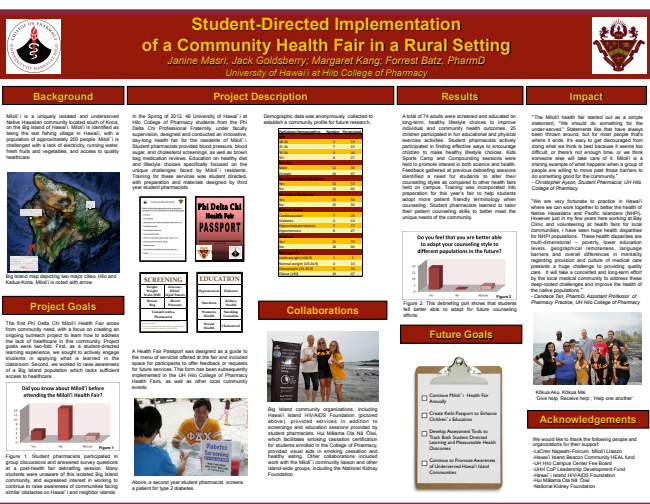


# MILOLI'I RESEARCH

## Student-directed implementation of a community health fair in a rural setting.

Janine Masri; Jack Goldsberry; Margaret Kang; Forrest Batz, PharmD

*Research poster conclusions:* In the rural, 200+ resident community of Miloli'i, 74 adults were screened and educated on long-term healthy lifestyle choices to improve individual and community health outcomes. 25 children participated in fun educational and physical exercise activities. Student pharmacists learned the importance of finding effective ways to encourage adults and children to make healthy lifestyle choices. Students also experienced



how to tailor health services to better meet the unique needs of the community. Goals established for future Miloli'i Health Fairs include documenting patient impact to assess changes in measurable health outcomes, as well as bringing immunizations and medication assistance programs to the community.

This poster has been presented at two conferences, the ALEX Student Research Conference at UH Hilo, and the HPhA Annual Meeting on Oahu. Brothers Jack Goldsberry and Janine Masri were each awarded funding through the UH Hilo Student Ambassador Program, to assist their efforts in sharing student-led research with the community.

The Office of Applied Learning Experiences (ALEX) hosted its first annual student research conference at the University of Hawai'i at Hilo, on Saturday, February 9<sup>th</sup>, 2013. The purpose of the conference was to showcase student research, and encourage faculty to incorporate this into their own courses. Brothers Jack and Janine presented their findings and talked to UH Hilo faculty members about the process of implementing and improving student-directed research.

The Hawai'i Pharmacist's Association (HPhA) hosted its 2<sup>nd</sup> annual poster session at its HPhA meeting in Oahu, on April 13<sup>th</sup> and 14<sup>th</sup>, 2013. This association is dedicated to improving the health of the people of Hawai'i, by advancing the practice of pharmacy and improving quality of care through the healthcare team. Brothers Jack and Janine spoke with several Hawai'i pharmacists about healthcare challenges the people of Miloli'i face. They discussed data gathered from the residents, such as health markers, disease prevalence, and medication use. The abstract from their presented research will be published in the Hawai'i Medical Journal.

Plans are in the works for Gamma Theta to continue research during their 4<sup>th</sup> Annual Miloli'i Heath Fair in 2014, so that the impact on the community can continue to be documented. One of our primary service goals has been to bring healthcare to the people of Hawai'i. It has been rewarding to maintain the unique relationship we have established with the people of Miloli'i, and we look forward to expanding our efforts with other Big Island communities in need.



Brothers Janine, Jack, and Meg Present at HPhA



### **Scholastics Committee**

#### **Chair:**

**Stacie Takahashi**

#### **Committee Members**

Miho Aoki  
Maurina Bartlett  
Walter Domingo  
Jack Goldsberry  
Andy Le  
Kristina Lo  
Jairus Mahoe  
Shadi Obeidi

**LET US KEEP BURNING THE LIGHT OF WISDOM/scholastics**

One of the common goals generated during the officer's retreat was for us to recognize and promote scholastic achievement within the fraternity. We have focused our efforts on helping brothers develop towards both scholastic and professional excellence. The first step has been to reorganize the scholastic committee. We now have a primary chair overseeing the committee, and they are responsible for creating and executing action plans for improvement, working closely with officers to ensure that these plans direct us towards the chapter's established common goals.

For scholastic excellence, we have focused on training brothers to become excellent healthcare providers in pharmacy. This involves a number of study and tutoring sessions throughout the semester by the older members of the chapter. We have also implemented a GPA Goal Program for the first time, where we ask each brother to set their GPA goals for the semester, and track GPAs throughout their pharmacy school career. We plan to measure the outcomes of our scholastic excellence by tracking GPAs, number of brothers on Dean's List, number of brothers in Rho Chi, and number of brothers who have received scholarships. Additionally, we have a few ideas that are currently in the planning phase, to implement within the next year. The first includes a scholarship from Alumni donations. This would be geared towards a brother exhibiting scholastic excellence, based on criteria defined by and voted on by the chapter as a whole. The second idea includes an academic bowl competition, to practice what we have learned throughout our years in integrated therapeutics, in a fun and competitive game show atmosphere. The last idea we plan to implement before the end of the year includes small gestures that recognize brothers demonstrating academic success. This would include things like clapping at meetings for A's, Smarties for Smarties, and other public recognitions of a job well done. It is with all of these newly created and implemented ideas that we hope to not only encourage scholastic excellence, but to set new standards for academic excellence within our chapter.

-Brother Janine

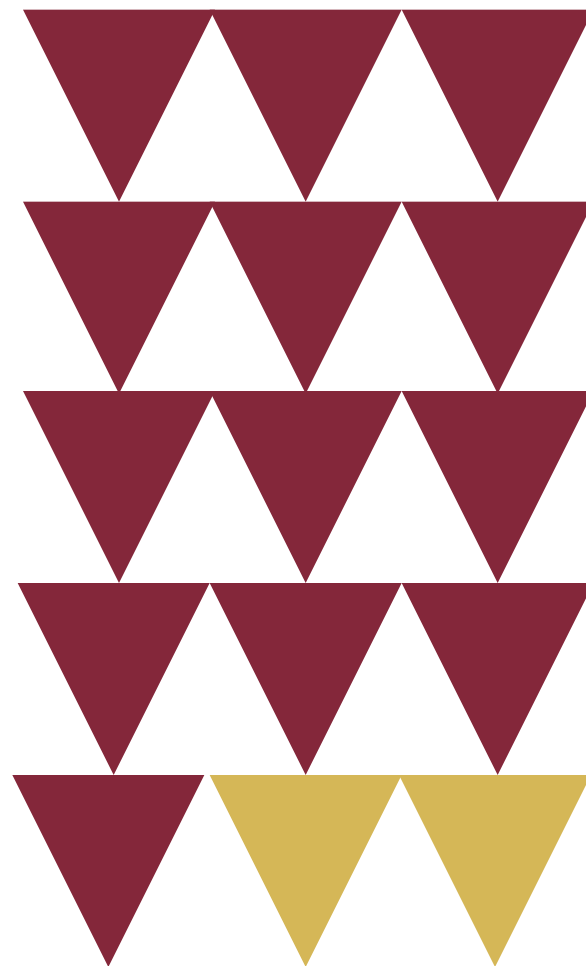
The Scholastics Committee



# BROTHERS IN LEADERSHIP

Leadership is more than just a title one carries, rather it's a mindset, to be a leader you have to think like a leader. The biggest thing that made me want to rush PDC was seeing how active the brothers at our school were. It seemed like at health fair we've had and at every community service project we've had there were always PDC brothers there.

Being a part of a young school, the actions that we take as student leaders has potential to make a big impact for our school. As leaders of new organizations and new projects we have the opportunity to leave a legacy behind. A legacy that shows future pharmacy students this is what you are capable of doing. It's really inspiring to be in a group with so many student leaders all in one organization. The brothers of Gamma Theta



**13/15** student organizations  
have PDC brothers in  
leadership positions

**55%**  
of Gamma Theta  
brothers hold  
leadership  
positions

have accomplished so much and they do it with such enthusiasm. This really pushes you to live up to the expectations of wearing the letters and colors of Phi Delta Chi.

All of history's great leaders inspire greatness and that is what the brothers of PDC Gamma Theta do.

-Kim Nguyen

# GPA GOALS

The brothers of Gamma Theta believe that continuous improvement and achievement in academia is important. By constantly challenging ourselves, we can maximize our learning experience and ultimately, become proficient pharmacists. One of the programs that we are implementing this Fall semester is the personal GPA goal program. In this program, each brother is required to set a GPA goal that they will try to attain or surpass this semester. At the end of the semester, brothers will be asked whether or not they reached their GPA goal and will receive a small award if they have met or surpassed their GPA goal. The purpose of the GPA goal program is not only to motivate brothers to strive for better grades but to also raise awareness of the benefits of setting goals.

The average GPA goal was

3.42



# AKAMAI COOKIES

The scholastic committee made goodie bags of fortune cookies and nerds and presented them to the members who made Deans List in the Fall 2012 semester. Deans list students were recognized as “one smart cookie,” hence the name Akamai Cookie.



# TRUE COLORS WORKSHOP

The True Colors Workshop is a leadership tool used to allow participants to learn their leadership style. The program helps participants learn how to interact well with different types of leadership styles with the goal of having an effective team. After learning their color, members broke up into smaller groups with others of the same color to discuss their strengths and weaknesses and in the end presented their color to everyone.



# CV and RESUME WORKSHOP



Curriculum Vitae workshops were designed to help brothers develop their CV for future internship and job opportunities. A workshop was held in October before the annual Daniel K. Inouye College of Pharmacy Career Fair in which brothers helped each other and pledges prepare their CV to hand out to the representatives that came to the Career Fair. The annual Career Fair had representatives from all of the major pharmacy chains, the Navy, and the Hilo Medical Center looking for potential students for internship opportunities and job prospects.

## REVIEW SESSIONS



As brothers we help each other as much as we can. Review sessions help promote academic success in our chapter. These sessions do not only give P1s and P2s a chance to ask questions, but it gives the brothers holding the review sessions a chance to practice speaking and presentation skills. During these sessions, we go over practice problems, cases, and chapters in the text book.

6

Review Sessions Held

195

Total Student Attendance

# GUEST SPEAKERS



We had the amazing opportunity to have Dr. Luolo Hong the Vice Chancellor for Student Affairs come speak to our chapter about leadership. Dr. Hong is a member of the Chancellor's senior leadership team and she is responsible for providing vision, leadership, direction, and accountability for non-instructional and co-curricular activities, programs and services that contribute to student development, learning, and success.

Dr. Hong spoke on how to approach and embrace leadership as well as answered questions about leadership. This talk was scheduled several weeks before our officer elections to encourage and motivate members to run for leadership positions.

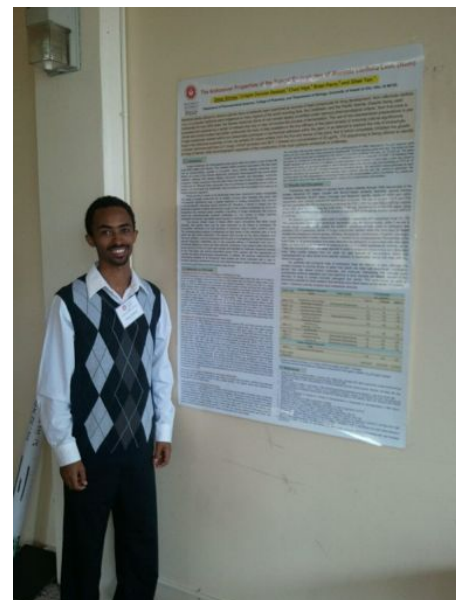


On Friday May 3<sup>rd</sup>, the brothers were fortunate enough to have four of the P4 brothers do an informal presentation and discussion on the residency process. The presentation and host of the discussion was Victor Lin, who will be doing a PGYI residency at St. Luke's- Roosevelt Hospital Center in New York, NY. Brothers Cassie Kim, Prabu Segaran, and Mike Tsuji were also present via google chat to answer any additional questions and communicate their experience to the

brothers looking forward to residency. Cassie Kim will be working as a first year pharmacy residency at Southern Nevada Healthcare System in North Las Vegas, NV. Prabu Segaran will be doing a PGYI residency at Providence St Peter in Olympia, WA. Mike Tsuji will complete his residency a PGYI residency at the Pacific Islands Health Care in Honolulu, HI. Since the school has no formal residency discussion topics, it was very exciting that the Gamma Theta chapter could offer this unique experience to its members. Fifteen brothers participated in the event and were able to get all their residency questions answered. Gamma Theta is extremely proud of all the fourth year brothers that received residency and is looking forward to continuing to have brothers enter this prestigious arena.

## THE ANTICANCER PROPERTIES OF FUNGAL ENDOPHYTES of *Morinda citrifolia* Linn. (NONI)

**Abstract:** Medicinal plants utilized by various cultures have consistently been examined as sources of lead compounds for drug development. Noni (*Morinda citrifolia* Linn.) is a popular medicinal plant indigenous to many regions of the world including Asia, the Caribbean, and the Pacific Islands. Despite being used traditionally for over 2000 years, the diverse medicinal claims of noni remain largely unverified under rigorous pharmacological criteria. Noni fruit juice is processed and prepared by a variety of methods that may or may not involve the process of fermentation. The use of non-standardized preparations in pre-clinical and clinical studies has further confounded the body of data available on the true efficacy of this plant remedy of enduring cultural significance. In an attempt to explore the role of endophytic fungi in the anticancer properties of noni, 25 unique entities were isolated from the fruit and leaves of the plant, five of which completely inhibited the growth of human carcinoma cell lines LU-1 (lung), LNCaP (prostate) and MCF-7 (breast) at a concentration of 20  $\mu\text{g/mL}$ . ITS sequencing is being utilized to identify all fungi of interest. Activity-guided chromatographic separation over silica gel coupled with preparative TLC and MPLC led to the positive identification of four compounds. These bioactive constituents may be the product of symbiotic interactions between the fungal endophyte and its host plant. Such cryptic metabolic contributions could conceivably play a role in the purported usefulness of noni in the management of a variety of diseases including cancer.



Sisay Girmay Presenting at ALEX

## BROTHERS IN RHO CHI



Brothers of the Rho Chi Society (The Academic Honor Society in Pharmacy) Back Left: Brother Andy Le, and Brother Jarred Prudencio Front Left: Brother Tracy Ng, Brother Maurina Bartlett, Brother Kristina Lo, Brother Lindsey Takara, Brother Jill Villarosa, and Brother Jozelle Gabriel

## RUSH

Being a brother of the Phi Delta Chi Gamma Theta Chapter requires dedication to each brother and to the fraternity. In order for new individuals to grasp an idea of what the fraternity was about and to decide if this fraternity was right for them a series of social events were held, collectively known as Rush. Rush consisted of a series of events where individuals could meet one another and feel what it would be like to join a professional brotherhood. The 2012 Rush committee was led by Gamma Theta's Worthy Master at Arms, Jin Bae Pak, and Worthy Inner Guard, Bryan Huynh. This turned out to be a very successful rush period and led to the largest number of rushees that Gamma Theta chapter has seen thus far. Some events this year included a Meet and Greet, Ice Cream Social, Speed Rush, Hapuna Beach Day, and it ended in the Pinning Ceremony.

The Gamma Theta Delta Class 2012



## PLEDGING

The 2012 Pledge Class was by far the largest that the Gamma Theta Chapter has seen. With 49 amazing pledges we knew it would be difficult this year to choose those individuals who were most worthy of becoming a lifelong brother of Phi Delta Chi. The Pledge process consisted of a variety of events which included Two Truths One Lie, challenges, Halloween games, trivia games, and Phi Delta Chiraoke.

LET US RESPECT THE AGED AND INSTRUCT THE YOUNG/  
rush.pledge.initiation



**Rush  
Committee  
Chair:**  
**Jin Bae Pak**

**Committee  
Members**

Bryan Huynh  
Jack Goldsberry  
Tracy Ng

## Delta Class

Maurina Bartlett  
Conner Ferrin  
Nick Rovang  
Miho Aoki  
Lance Cabanting  
Kelsey Chang  
Walter Domingo  
Bryce Fukunaga  
Alex Guimaraes  
Moani Hagiwara  
Micah Kim Han  
Mina Ibrahim  
Melissa Iida  
Elyse Kanda  
Kristina Lo  
Jairus Mahoe  
Cindy Mai  
Anissa Marzuki  
Bert Matsuo  
Jamie Mizusawa  
Kim Nguyen  
Lynn Nguyen  
Jessica Parker  
Sidney Pham  
Thuy Pham  
Jarred Prudencio  
Jenny Lee Ramos  
Katherine Tamai  
Jynelle Tangonan  
Derick Taylor  
Kimberly Victorine  
Jillian Wewers  
Allen Bagalzo  
Samantha Chang  
Sisay Girmay  
Joson Perreira  
Kasia Quintal  
Mimi Thong

## RUSH : MEET and GREET

8.28.2012

Chaired by Gamma Theta's WCC, Janine Masri, the Meet and Greet event was the first Rush event of the school year. Janine says, "We made this an open format, information session for everyone who was interested in joining PDC Gamma Theta to see what we were all about." Katie Bass, our VKRS, created a slideshow of pictures that showed the various events that brothers participated in. This was a way for our fraternity to display our characteristics of brotherhood, community service, and our values on scholastic achievements to possible new PDC Gamma Theta rushees.

## RUSH : ICE CREAM SOCIAL

8.31.2012

Chaired by Brothers Edward Wong and Lindsey Takara, the Ice Cream Social was a way for the actives and rushees to get to know each other. It was a sweet competition for the most creative ice cream design. In the end, the winner was a unique PDC design created by artistic rushee, Miho Aoki.



## RUSH : SPEED RUSH

9.4.2012

Speed Rush 2012 was a social Rush event that resembled a speed dating scene. Chaired by Jill Villarosa, this event provided the actives of our fraternity with a chance to talk to each and every new rushee in order to get to know them better and to see if their beliefs and personalities matched the values of the fraternity. It also provided every rushee with the opportunity to talk to every active. After many rounds of interviews, the actives decided to invite those who showed brotherhood at heart to attend more rush events.



# RUSH : HAPUNA BEACH DAY

9.8.2012



Hapuna Beach is a beautiful sandy beach that stretches across the west coast of the island. Many of our retreats are located there, for it is a great place to interact and have fun in the sun. This event

was chaired by our WMA, Jin Bae Pak. At this event, we spent the whole day bathing in the warm sun, swimming in the crystal blue



ocean, and playing football and other games on the sand. It was a great opportunity to come together, bond and to show the new rushees what brotherhood in Hawai'i is all about.





## Graduating P4s

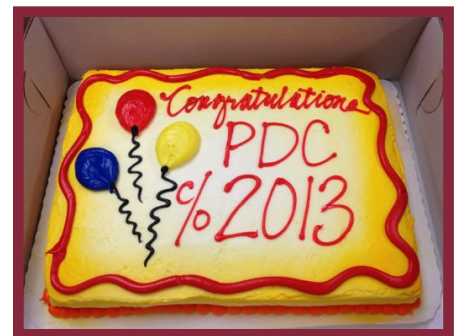
Kurt Adkins  
Christopher Ayson  
Veronica Cummings  
Torrey Ikeda  
Chris Kamei  
Margaret Kang  
Cassie Kim  
Todd Kitamori  
Elizabeth Lee  
Victor Lin  
Cheryl Lopez  
Christine Lucas  
Brynn Macumber  
Matthew Mullahy  
Tanya Nojiri  
Jason Okazaki  
Brandon Reiss  
Matthew Sasaki  
Nicole Schauer  
Prabu Segaran  
Adam Stockdale  
Michael Tsuji  
Reece Uyeno

LET US CHERISH FAMILY/phi delta chi



## Congratulations P4s

Phi Delta Chi Gamma Theta was pleased to announce that they had 23 brothers graduate this past year. To celebrate their accomplishments, Gamma Theta hosted a Graduation Party in their honor. The event consisted of a formal ceremony where P4 brothers received their cords and a parting gift from the Gamma Theta chapter. After the ceremony, brothers enjoyed pupus (appetizers) and had a chance to mingle with all the brothers in attendance.



### Grad Party Committee

#### Chair:

Tracy Ng

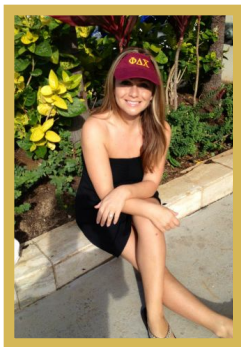
### Committee Members

Miho Aoki  
Maurina Bartlett  
Sami Chang  
Jamie Mizusawa  
LaTasha Riddick



# SHOUT OUTS

“ I'd like to give a shout out to my BIG **Jimmy Stevens**, for being an awesome brother. ”  
-Cindy



“ This shout out is for **Janine**, my Big.. the best Big in the world She has been an outstanding leader in PDC throughout the years, and is one of my greatest role models. I look up to her in so many ways and admire all that she has done as the WCC for our chapter. Not only is **Janine** a great leader, but she is also one of the sweetest friends one could have. She made PDC a fun and memorable experience for myself and for everyone, and I am truly blessed and honored to be her Little for LIFE. ”  
-Roxanne a.k.a. "Gaga"

“ I would like to say thank you to Brother **Jack** for all that he has done for me! Within the short amount of time that I've known him I can see just how much he cares about our fraternity and the brothers it consists of. He is always there to help and truly wants to see people grow. I don't know how he manages to do the things that he does, but his motivation and dedication really inspires me to do better and to help our chapter grow. ”  
-Jamie



“ I would like to thank my BIG **Katie Bass** for her support and advise. She is the best BIG ever n gonna miss her!!! ”  
-Sisay

“ A BIG shout out to the **P3 Brothers** for leaving some seriously big shoes to fill! We wouldn't be Gamma Theta without you!!! ”  
-Anissa

“ All the **Class of 2014 Brothers**, I can't believe 3 years have gone by already. Thanks for all the awesome memories! Good luck with rotations and see you guys at graduation! :) ”

**Jennie and Mimi**, Thank you for making this past year fun and memorable! I'm really going to miss you guys next year! <3 ”

-Miho

“ A quick shout out to my little big, **Janine**: Thank you for all of the advice, guidance and gifts you've blessed me with throughout my first year in pharmacy school. The amount of energy you've poured into everything we do as a fraternity in addition to your academic achievements is impressive and inspirational. Your smile and leadership will surely be missed! ”  
-Joson

“ **Miho, Kim, Jack, Jimmy and Keith** are the reason I will look back at pharmacy school and smile. Thirty years from now and I won't remember the protein binding of phenytoin or structure of morphine but rather the long weekends away to Kona, hiking to the lava and family style dinners. I love you all like my second family and will miss you all very much. ”  
-Maurina

“ **Eddie** is the best for going to BUTI yoga with us! and good luck **P4 Brothers** in the real world. ”  
-Alex



“ To Brother **Little Bert**, who's always around when you need a hand. Who never backs down during hard times. And most of all, who's big heart is only exceeded by his big appetite. His humor and laughter truly is contagious. ”  
-Jai

“ Jason for being too sexy for his shirt.

Kurt for being a freak athlete and baller.

Cheryl for being awesome and one of my first friends in Hilo.

Chris Ayson for being the Godfather and a robot.

Veronica for being my second mom in Hilo.

Meg for Reece.

Brynn for being one of the most genuinely nice people I've ever met.

Cassie for all the encouragement she gave me when times were tough.

Sasaki for being an awesome WIG partner and always being down to hang out.

Todd for being one of the friendliest, most generous people I know and being awesome at golf.

Mike Tsuji for gracing us with his presence at events and blowing my mind.

Kamei for being an overall smart and cool dude.

Maty for being Maty.

Christine for her dedication in all she does.

Torrey for being such a sweetie and being all about PDC.

Tanya cuz she can kick my butt in sports.

Adam for being such a stud and expert diver.

Liz for doing the hardest possible rotations in Hawai'i and being a rock star.

Brandon for Happy Hour and Topsy Tuesday.

Nicole for being my 4th roommate, love her.

Prabu and the old officers for being an all-star group.

All the officers, committee chairs, volunteers, alumni and everybody in PDC that truly cares and tries to build a better PDC everyday.

-Vic

“ Thank you for being the best little brother



and elevating PDC to another level. Good luck to you and PDC in the next school year.

-Reece

“ This shout out is for Katie Bass, my Biggie! Thank you for being there throughout my pledging process and beyond. I know that I can always go to you with questions and I am so happy to call you my BIG! Good luck during your P4 year and in your future endeavors. I'm so sad to see you go and will miss you so much!

LaTasha Ruth Riddick! My Brother. My friend. My adopted sister. Thank you for always being there for me and putting up with my craziness. I love that when we're together we bring the best out of each other and really know how to turn a not-so-good day into a better one. I couldn't ask for a better roomie!

Jin. My first friend. I am so proud to call you my Brother and am so thankful that you saved me from making a big mistake last year. Phi Delta Chi really brings happiness to my life and I have you to thank for that. If you hadn't convinced me to rush I would have never formed the relationships that I have with so many other Brothers and I would have never felt the sense of belonging that I feel now that I am part of PDC. I always say that the biggest mistake that I've made during pharmacy school was not pledging my P1 year. Thank you for seeing something in me that I didn't even see in myself and for not letting me make the mistake of not pledging again.

Janine. You build people up everyday (especially me) and I appreciate everything you do for Gamma Theta. You're a true inspiration and I admire your devotion to making our chapter the best that it can be. I know you're going to be very busy P4 year but I look forward to our future chats and your future visits. I can't wait for Grand Council!!

-Love Jillian



“ Stacie Takahashi, we can't believe how time flies, but we couldn't be prouder to call you our Big. Thank you so much for your support and encouragement over the course of the year. We will miss seeing you around campus next year, but we want to wish you the best of luck on your P4 rotations! We can't wait to see what the future holds for you!

Love, Jynelle Tangonan and Katie Tamai

“ Oh Anissa! You surprise me and inspire me every day. Thank you for being such an outstanding member and partner in the community service committee this year! You are always so eager to lend a helping hand and get involved. You are so animated, which excites everyone around you. Thanks for a great year, and I know you will produce an even better one next year as a new chair

-Madison

# SHOUT OUTS

“**Jack**, I am so thankful that I had you to push me into stepping it up this year. I think we each need someone out there who makes us raise our own standards, and you've been that person for me. You do so much for our chapter, without ever looking for recognition. You're been there for support and guidance and I don't think I could have done it without you. The actions you've taken for Gamma Theta, and the feelings they've given all of us, are how I define true brotherhood.

**Eddie**, thank you for always giving me one less boring email to read. Everything you do has an amazing balance between professional and pee my pants hilarious. I hope you always keep this quality in your work, you have quite an amazing talent!

**Thao**, we've come a long way since first moving out here for school. I can't believe we made it through alive! I will always be grateful that I had you around those tough first months. No matter how long we go without seeing each other, I'll always be here as your brother and as your friend.

**Thai**, thank you for being an all around awesome guy. You have a contagious laugh and smile and I love that you're always thinking of me. I'm excited that we get to reunite in Oahu at REGIONALS HAWAII 2014, if not sooner!

**Jillian**, you've got the warmest heart and most intense and infectious love for PDC I've seen. Sorry again for "Initiation Janine," but I'm glad to know you've been able to get to know the nicer, friendlier me since then!

**Lindsey**, thank you for all the unseen hard work you do for the brothers of Gamma Theta. We're an amazing group of brothers and I'm glad we have you to show us off on the National level. You give us the chance to look back, and be proud of all we have done. Keep up the awesome work!

**Andy**, thanks for being my partner in crime this year. You've got a knack for being helpful in whatever way is needed, and I know that brought great things to our chapter. If we make it through our P4 year alive, I'm holding you to your promise to hire me if you ever end up somewhere I want to be

**Kimberly**, I just had to say that I was so amazed and impressed with the statements you made during elections. You trusted in your brothers to be supportive, and to me that is one of the best examples of what brotherhood is all about. I hope to see you run for a position next year, because you're simply amazing!

**LaTasha**, you've been an amazing friend and support system for me. I know you'll do great things in life, and I'm excited to be your traveling buddy when you become rich and famous!

-Love Brother Janine

“Shout out to **Class of 2013** PDC brothers: we experienced awesome adventures together - let us be true brothers and provide amazing alumni support! - Portland crew: All I can say is EPIC!!! and #9!! - Phi Delta Chi-raoke crew: great to see you sing your heart out!! - PDC Warrior Dashers: You have inspired and shown true dedication!! So proud!! - **P4 Brothers** who went to Initiation: It has been a pleasure working with you!!!! WCC - **Bryan Huynh**: you have always welcomed me into your home with your other fellow brothers! I will forever remember your true hospitality. Even though we will be oceans apart, if ever you need help, never hesitate to ask. Best wishes!! By the way - i'm also adopting you! - **Team Dirty Birdies**: Another EPIC event!! Each needed the help of the other fo' sho!~ Nico's crew: It was great to meet again - even out-of-state brothers!! **Miloli'i IRB crew**: Thanks for all your hard work!! I will miss working with you!!! To **all brothers**: you will be deeply missed. Keep in touch!! If you ever stop by Guam, let me know so we can hang out!! Best wishes, Meg Kang!



“**Allen Bagalso**: Thank you for being such a super star within the community service committee! You really put a lot on your plate this semester and successfully pulled it all off! You are going to be a great chair next year and I can't wait to see where you take us. Congratulations! -Madison

“**My best friends!** **Jozelle, LaTasha, Jillian, Natalie, Conner** – I love you guys so much! I can't express how much I appreciate you guys. You have always been there for me. You've walked me to the bathroom and to my car during assassins, came to pick me up on saddle road when my car broke down, stayed up till all hours of the morning studying with me, and just encouraging me every day. I couldn't have asked for better friends and brothers or a better experience! I love you guys! -Madison



“ I have to shout out my Big, **Torrey Ikeda**! You've been an amazing Big and friend. Thanks for always providing me with bangin' PDC stuff and offering great advice! I love you Big!

This shout out goes to my Little, **Bert Matsuo**! You probably didn't want a shout out, but too bad! I'm so lucky to have a little like you. Seriously, you're [dabomb.com](http://dabomb.com). Love ya long time!

Shout out to **Jack**. You're like the best pseudo advisor ever! Thanks for all you've done for our fraternity and for me personally. Just to let you know, the advising doesn't stop here. I'll be hittin' you up like a lot! Thanks for being an amazing brother and friend! I heart you!

To my roommie and friend, **Jillian Wewers**, definitely have to shout you out for being awesome! I'm so glad to call you my Brother (even though we're like sisters haha). Seriously, school and life would be very difficult with you. Remember live life with no regrets (even the fact that you joined PDC 2nd year). Love ya lots! We'll always be "children of the west wing!"

**Janine**! We have grown to be super close friends and I honestly don't know how my 3rd year will be without you. Thanks for always looking out for me...for real. There's so many things I could say, but it would no longer be a shout out and rather a short story. You're an inspiration to me...yup you got swag! Thanks for giving so much of your time to PDC and to building people up. As you would say about yourself, "I'm really good at planting seeds." Haha I love you my friend!

I would like to shout out the **P4 Brothers**. You all have been great role models and your motivation to stay involved with our chapter encourages all of us. Thank you all for being so active even while being away from Hilo. I can't express enough how much this means to me as the outgoing WAL and how much Sami (the incoming WAL) will appreciate your involvement. Because of your love for our Brotherhood, I'm very hopeful for the future of our alumni relations! Thanks again for all you've done and for giving us awesome examples of what it means to be true Brothers. We will greatly miss you guys!

Shout to **Derick**! You are a great brother and have so much to offer our fraternity. Thanks for being dependable. You've helped make my life as Regional Conference Chair a little easier and I appreciate you so much!

I would like to shout out my Brother/mentee/friend, **Jynelle**! So glad you've stepped up in PDC to be one of the coordinators for the biggest community service event we host. I want to encourage you to never doubt your abilities and always stay positive! Love ya!

Shout out to **Gamma Theta Chapter**! You all rock! I love being a part of this fraternity. Seriously, we are THEE best! You all have shown continuous hard work, dedication, and brotherly love. I've been away from my family on the east coast for a long time and I'm so thankful that you all have embraced me and been a surrogate family to me here in Hilo. Thank you! AAAE!

I want to shout out our Advisors, **Dr. Jacobs** and **Dr. Rodriguez**. You two have supported our chapter through everything and we all say, "Thank you." Thanks for giving your time during long evenings and even on the weekends. You've helped each member develop certain skills that we may not have gained without you. I personally feel that our greatness as a chapter is in large part owed to the two of you for guiding us and giving us the freedom to offer services to our school and community.

-LaTasha

“ I'd like to give a shout out to... well, everyone.

As part of the alpha class, I've had the opportunity to witness the incredible growth PDC has seen these past 4 years, and I hope everyone feels the same amount of pride that I do in all that we've achieved. It's hard to believe we're the same organization. Somehow PDC has become a collection of the most hard-working, talented, intelligent, caring, and passionate people I've ever met, and together we manage to accomplish things that go beyond what anyone had thought possible.

To my **fellow alphas**: I'd like to thank you for all the time and energy you've spent setting up PDC to become what it is today, and for letting me be a part of that.

To **the betas**: It was your hard work and leadership that transformed PDC into what is hands down, the best organization on campus. Good luck on your future travels, and don't hesitate to ask me questions if you have any.

To **the gammas**: as new members you brought energy and creativity to PDC, and now as elders I know you'll take PDC to new heights. To the  **deltas**: though I've only met a few of you, I'm impressed that many of you were eager to take leadership positions. I hope that I'll get the chance to meet more of you in the future.

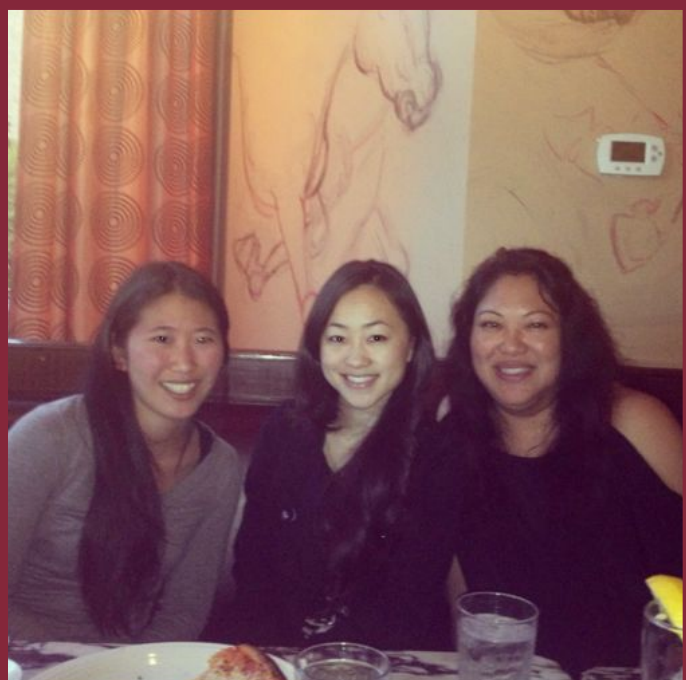
The years I've spent in pharmacy school were so much better because all of you were there. For that I am thankful, and I hope that one day I can repay the favor.

AAAE,  
- Christopher Ayson



# BROTHERS ...."ACROSS THE SEA"....









# ChEQ VISIT

This April the Gamma Theta chapter was very excited to host a Chapter Excellence and Quality (ChEQ) Visit. The purpose of this visit is to evaluate a good chapter and transform them

into an outstanding chapter. The CheQ team

consisted of Grand President Amy Valdez, Pacific Regional Director of Collegiate Affairs Matt Maglalang, and Pacific Regional Correspondent Hovik Mekhjian. Along with all the normal proceedings of the ChEQ visit the team was able to get a tasted of the Gamma Theta chapter lifestyle. We welcomed them with open arms at the airport and took them to eat Hawaiian local-style food.

They attended the AIDs Walk where Gamma Theta brothers were hard at work performing screenings. They also were able to see the Gamma Theta brotherhood in action at the business regatta canoe races. Gamma Theta was very pleased to host the visiting brothers and looks forward to working hard to achieve the ranks of a top ten chapter.



Photo Credit: Daniel K. Inouye College of Pharmacy



*PDC Luau*  
*Gamma Theta*  
*April 13, 2013*





**LET US BE TRUE BROTHERS/**gamma theta

# BROTHERS of GAMMA THETA

## Class of 2013:

Kurt Adkins  
Christopher Ayson  
Veronica Cummings  
Torrey Ikeda  
Chris Kamei  
Margaret Kang  
Cassie Kim  
Todd Kitamori  
Elizabeth Lee  
Victor Lin  
Cheryl Lopez  
Christine Lucas  
Brynn Macumber  
Matthew Mullahy

Tanya Nojiri  
Jason Okazaki  
Brandon Reiss  
Matthew Sasaki  
Nicole Schauer  
Prabu Segaran  
Adam Stockdale  
Michael Tsuji  
Reece Uyeno

## Class of 2014:

Keith Acab  
Miho Aoki  
Maurina Bartlett  
Katie Bass  
Li Chen  
Jack Goldsberry  
Romelynn Lamosao  
Andy-Long Le  
Cindy Mai  
Janine Masri  
Kenneth Navarette

Kim Nguyen  
Sidney Pham  
Thao Phan  
Roxanne Sewake  
Jimmy Stevens  
Stacie Takahashi  
Jason Wong

## Advisors:

Aaron Jacobs  
Leslie Rodriguez

## Class of 2015:

Chi Chiu Au Yeung  
Conner Ferrin  
Ryan Fukumitsu  
Jozelle Gabriel  
Ryan Himes  
Bryan Huynh  
Elyse Kanda  
Madison Karr  
Clesson Lee  
Jennie Lim  
Kristina Lo  
Tracy Ng  
Lynn Nguyen  
Thai Nguyen  
Jin Bae Pak  
Jessica Parker

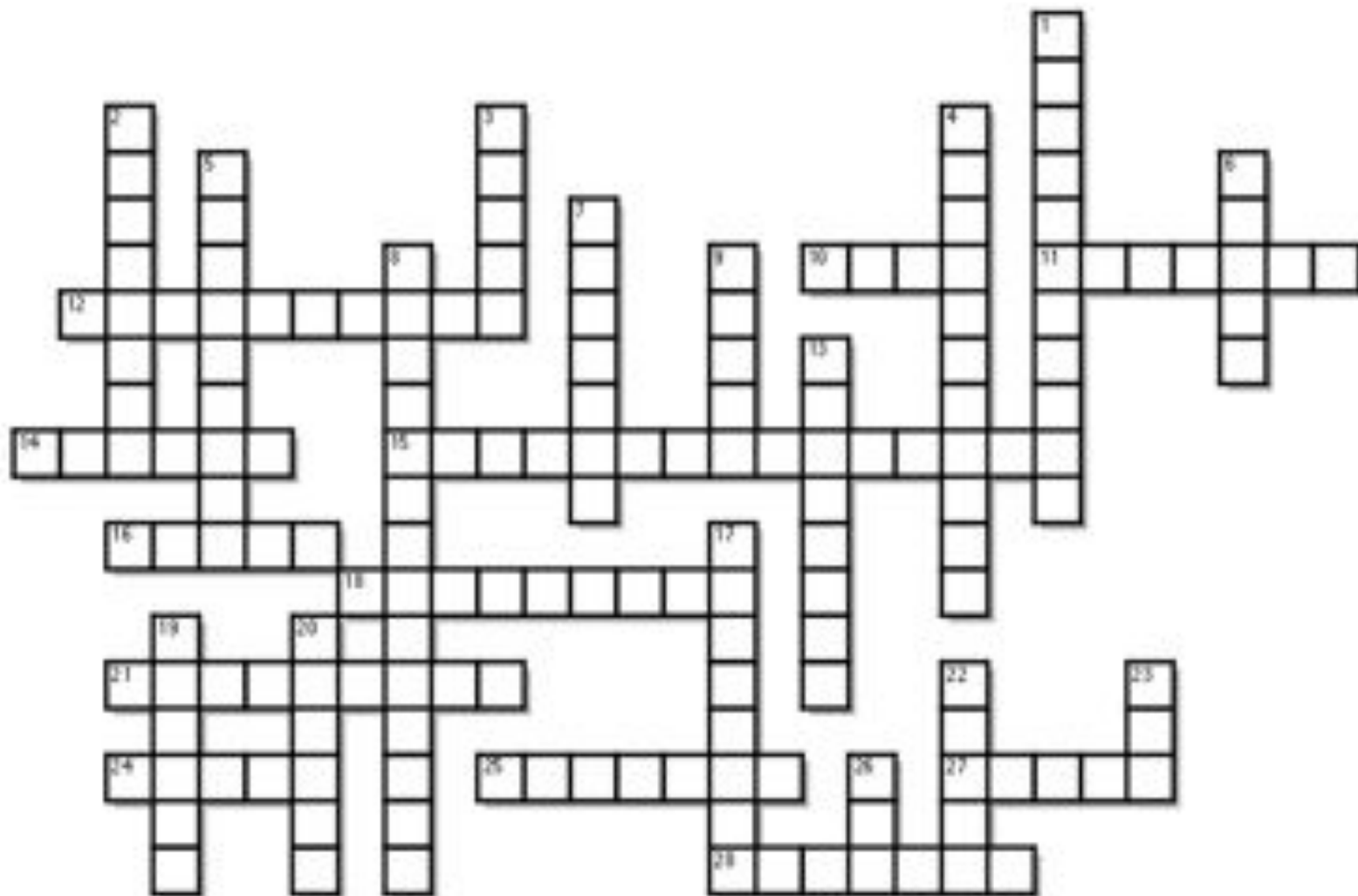
Jarred Prudencio  
Jenny Lee Ramos  
LaTasha Riddick  
Natalie Savona  
Lindsey Takara  
Katharine Tamai  
Derick Taylor  
Antonio Verduzco  
Jill Villarosa  
Daniel Watanabe  
Jillian Wewers  
Eric Wigmosta  
Edward Wong

## Class of 2016:

Allen Bagalso  
Lance Cabanting  
Kelsey Chang  
Samantha Chang  
Walter Domingo  
Bryce Fukunaga  
Sisay Girmay  
Alex Guimaraes  
Moani Hagiwara  
Micah Kim Han  
Mina Ibrahim  
Melissa Iida  
Jairus Mahoe  
Anissa Marzuki  
Bert Matsuo

Jamie Mizusawa  
Joson Perreira  
Kasia Quintal  
Nick Rovang  
Jynelle Tangonan  
Mimi Thong  
Kimberly Victorine

# CROSSWORD



## ACROSS

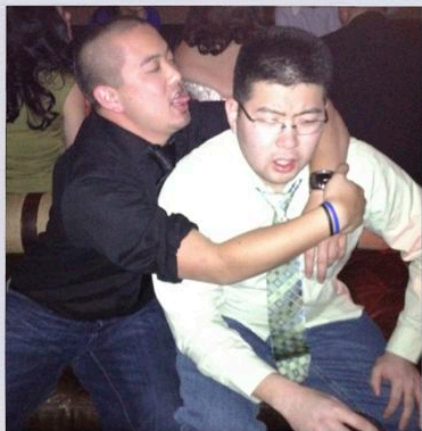
- 10 University of California - San Francisco
- 11 Colors
- 12 UHH DK College of Pharmacy
- 14 Nickname
- 15 Flower
- 16 Grand council 2013
- 18 The lamp refers to
- 21 California Northstate College of Pharmacy
- 24 Leader-Development Seminar 2014
- 25 University of Southern California
- 27 Children/kids
- 28 Each Needs HELP of the Other

## DOWN

- 1 Colors
- 2 University of the Pacific
- 3 The Greek Alphabet D
- 4 Nevada College of Pharmacy
- 5 Pacific University
- 6 Hello and goodbye
- 7 Herf Jones
- 8 Fleur-de-lis symbolizes
- 9 Towards the mountain
- 13 Pacific Regional Conference 2014 City
- 17 Oregon State University
- 19 Island housing Daniel K. Inouye College of Pharmacy
- 20 Thank you
- 22 Towards the sea
- 23 The Greek Alphabet C
- 26 The Greek Alphabet P

For answers go to

[pdcgammatheta.com/regionals](http://pdcgammatheta.com/regionals)



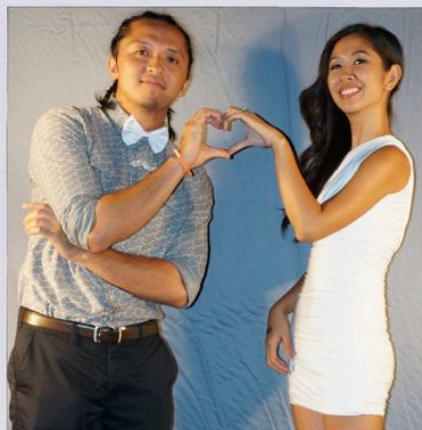
**Funny and Funnier  
Clesson and Ryan**



**Most Creative  
Madison and Kim**



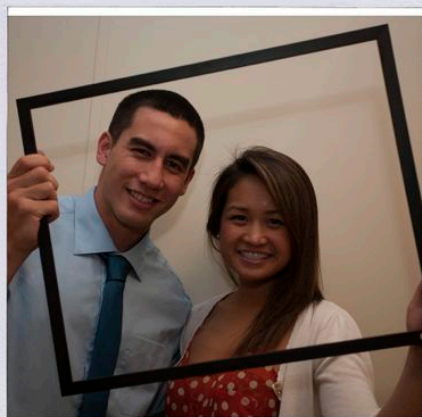
**Biggest Bookworms  
Andy and Walter**



**Mr. and Ms. Congeniality  
Keith and Jill**



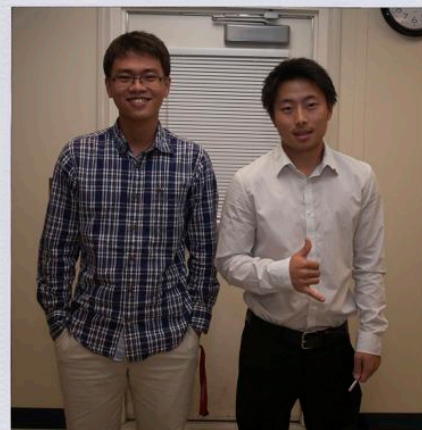
**Most Dedicated to PDC  
Veronica and Janine**



**Most Photogenic  
Jairus and Thao**



**Best Dressed  
Jin and Eddie**



**Quietest  
Chiu and Bryce**



**Most Reliable**  
**Shadi and Bryan**



**Most Social**  
**Mina and Jimmy**



**Most Clumsy**  
**Ryan and Anissa**



**Most Likely to be a Leader in Pharmacy**  
**LaTasha and Jack**



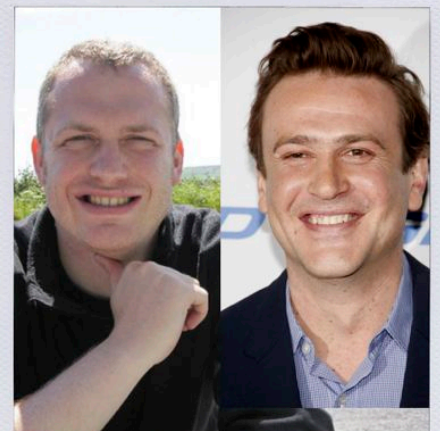
**Most Likely to Win a Patient Counseling Competition**  
**Maurina and Jarred**



**Most Likely to Survive a Zombie Apocalypse - Kristina**  
**Most likely to Die in a Zombie Apocalypse - Natalie**



**Celebrity Look-Alike**  
**Sisay and Kobe**



**Celebrity Look-Alike**  
**Eric and Jason Segel**



**Fundraising  
Committee  
Chair:**

**Rome Lamosao**

**Committee  
Members**

Jimmy Stevens  
Jason Wong  
Li Chen  
Kenneth Navarrete  
Bryan Huynh  
Daniel Watanabe  
Bryce Fukunaga  
Alex Guimaraes  
Moani Hagiwara  
Micah Kim Han  
Melissa Iida  
Cindy Mai  
Lynn Nguyen  
Sidney Pham  
Jarred Prudencio  
Joson Perreira  
Kasia Quintal  
Mimi Thong  
Maurina Bartlett

LET US REFRAIN FROM EXCESS/fundraising

The goal of the fundraising committee is not only to raise funds for our chapter, but also allow brothers to share their ideas and form tighter bonds with each other. An idea is all we need and all of us work together to make it happen. This year we started several new fundraisers that included events like Hot Dog on a Stick, Pharm So Hard shirts, Merrie Monarch booth, and a PDC garage sale. Our classic fundraisers that we have multiple times a year are food sales and car washes.

The Fundraising Committee



# CAR WASHES

Gamma Theta started the semester with a car wash next to Cruzin' Coffee, a local coffee drive thru. This is a popular stop for coffee in Hilo and made for a very busy day for the Gamma Theta Chapter. The chapter was able to wash over thirty cars with the help of one another.

In the beginning of the spring semester, Gamma Theta had another car wash event by the KTA supermarket. It was a beautiful day in Hilo and many brothers donated their time to this event. People were eager to help support Gamma Theta and there was a steady flow of cars all day. Brothers enjoyed hanging out with each other while also working hard to earn more funds for the fraternity.



Jill, Lindsey, Jimmy and Eddie washing cars



Antonio rinsing off



Conner and Andy holding signs



KTA car wash

## Brother Li Chen's 6 Steps to Have Your Own Car Wash

1. Arrange a date with the venue
2. Make sure to have materials for the car wash
3. Make a shift sign up on google docs and email to the brothers
4. Make posters and advertise through email and flyers
5. Pre-sale tickets and make it a dollar cheaper than everywhere else
6. Wash cars



**Phi Delta Chi  
Car Wash**  
@ Just Cruisin Coffee

**Date: Sunday September 23rd**

**Time: 9 AM - 2 PM**

**Cost: \$5 per car \$7 per truck**

**Location: 835 Kilauea Avenue**

**Contact lc6@hawaii.edu for nonrefundable presale ticket**

Car Wash Ticket

# FOOD SALES

Food sales is a great opportunity for everyone in our chapter. It lets the chefs in our chapter showcase their ono grindz. Entrees usually go for \$6 and desserts usually go for \$2-\$3. One of our most popular items are the spring rolls with the special crab sauce. Sushi made by Brother Clesson Lee is another one of our popular items. Food sales are especially popular because there is no café on campus and the closest restaurant is about 2 miles away. It allows for the P3s get lunch after class and lets the P1s and P2s grab lunch before class.



Top: Maurina and Keith selling noodles  
Bottom: Conner and Jozelle selling to Chiu



# The Menu

## ENTREES

Sushi  
Chicken Curry over Rice  
Honey Jasmine Milk Tea  
Pork and Shrimp Springrolls  
Taco Salad  
Lap Chang Rice  
Chili Hot Dog over Rice  
Nachos and Chicken Tacos  
Hamburger Curry over Rice  
Lemongrass Chicken over Rice  
Pot Stickers with special sauce  
Somen Salad  
Corn Chowder  
Kalua Pork over Rice  
Pork and Shrimp Spring Rolls  
Chili Rice and Hot Dogs  
Furikake Spam Musubi  
Mochiko Chicken

## DESSERTS

White Chocolate Pretzel Haystacks  
Top Hats  
Mini Chocolate Salted Caramel  
Cupcakes  
Heavenly Cookie Bars  
Oreo Truffles  
Mochi  
Strawberry Cake



# LEI FUNDRAISER

October 14th was the white coat ceremony to welcome the class of 2016 into the profession of pharmacy. Amongst these individuals were 22 pledges. As the Phi Dex ohana (family), we were all there to celebrate with the new brothers. In Hawai'i, giving leis is a tradition for any ceremony. Brothers Jillian and Katie came up with the idea of selling leis at the event. Many different types of leis were available to pre-order. The variety included double pikake with ginger, kukui nut, firecracker leis, orchid, maile, mauna loa vanda, and tuberose. On top of these pre-made leis with the help of our brothers, we were able to make 40 handcrafted leis (including 20 ribbon, 10 yarn, and 10 candy). Needless to say, they were all sold out before the ceremony. So the plan for next year, we go make more!

## PDC White Coat Ceremony Lei Fundraiser Pre-Sale



**Double Pikake with Ginger  
\$28**



**Kukui Nut  
\$28**



**Firecracker Leis  
\$18**



**Orchid  
\$12**



**Maile (3 strands  
\$23**

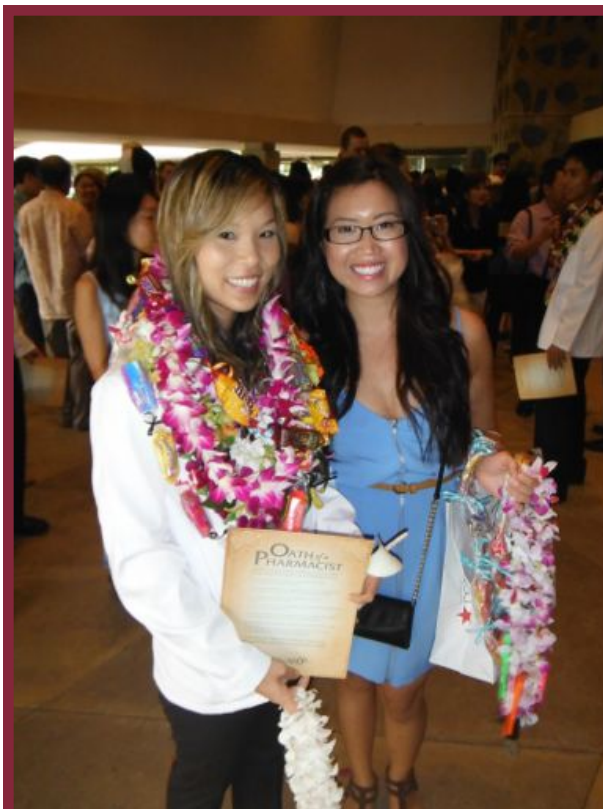


**Mauna Loa Vanda/ Double Dendro  
\$28**



**Tuberose  
\$15**

**Buy your pre-sale tickets in the lounge**



# HOT DOG ON A STICK FUNDRAISER

This year was our first time doing fundraising with Hot Dog on a Stick. Flyers were passed out to the whole college of pharmacy and students were told to bring the flyers to Hot Dog on a Stick during a certain time period. For each order purchased with a flyer, PDC Gamma Theta received a percentage of the profits. PDC brothers and other students from the college came out to support Gamma Theta. The event was created by Brothers Rome and Maurina with the idea that money could be raised while enjoying a meal with your fellow brother.



with

P D C

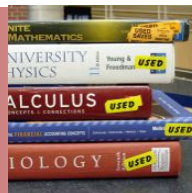
## PDC GARAGE SALE

The PDC Garage Sale is a new event for the Gamma Theta chapter created by Brother Alex Guimaraes. Students in their third year of pharmacy school who are leaving for rotations off-island generously donated belongings they will not be taking with them to Gamma Theta. These items will then be sold in a garage sale to the incoming first year pharmacy students. Hawai'i is an interesting place in that it is hard to move belongings on and off island and there is a limited number of stores to purchase new items. This event will hopefully provide a perfect collaboration between incoming and outgoing pharmacy students and give Gamma Theta an opportunity to raise money for the chapter's future endeavors.

Garage Sale Flyer  
made by Brother  
Alex Guimaraes

Hey P3s!!

# Moving?



**Have Extra Stuff?**

**Out of Time?**

**Can't Sell it all?**

**PDC will come pick up all of  
your gently used home  
Furnishings  
FOR FREE!!!**

**ΦΔΧ**

To Schedule a prompt pickup contact:

[pdcpickup@gmail.com](mailto:pdcpickup@gmail.com)

# GAMMA THETA MERCHANDISE



The Pharm So Hard T-shirt was designed over the course of the semester by a group of members who worked in conjunction with a local designer and t-shirt shop. To raise excitement about the new shirts, the group presented a sample at the meeting and spoke about their plans all with the tune of “Ball So Hard” by rappers Jay-Z and Kanye West playing in the background. Additionally, funding was requested and granted in the amount of \$1000 from University of Hawai’i at Hilo Student Association as seed money for the Regional Conference we are hosting in 2014. The shirt was designed to be open and available to all pharmacy students.



Left: PDC Jersey  
Right: Tribal Shirt

# MERRIE MONARCH FUNDRAISER

This year PDC was offered by University of Hawai'i at Hilo Student Association (UHHSA) to man a booth at the UHH Campus Center as an overflow venue for the 50th Annual Merrie Monarch Hula Competition. Merrie Monarch festival is a week-long event that features an internationally acclaimed hula competition, a crafts fair, an art show, Hawaiian food vendors, and a grand parade through Hilo town.

Merrie monarch is one of the biggest events that comes to Hilo and people come from all over the world to see the hula competition. Tickets must be requested months before the event and they always sell out on the first day they are available. Categories of hula include Miss Aloha, Men's and Women's traditional group hula, as well as Men's and Women's modern style hula. The Merrie Monarch Festival "has received worldwide recognition for its historic and cultural significance." Being able to be a small part of this event was a big deal for the Gamma Theta chapter.



The Merrie Monarch Festival is a non-profit organization that honors the legacy left by King David Kalakaua, who inspired the perpetuation of our traditions, native language and the arts.



Brothers Anissa, Miho, and Jamie at the PDC booth

# Here's how *you say it in Hawaiʻian.....*

A hui hou	‘Til we meet again
Āina	Land, especially Hawaiian ancestral lands
Aloha	Love, affection; greeting, salutation; Hello! Good-bye!
E Komo Mai	Welcome! Enter
Hau’oli lā Hānau	Happy Birthday
Hana hou	Encore
Hale	House, building
Hula	The dance of Hawai’i
Imu	An underground oven you will see at a luau
Kāne	A man or boy
Kapu	Sacred, taboo, forbidden, no trespassing
Keiki	Child
Lanai	A porch, patio, or balcony
Lei	A necklace of flowers, leaves, shells, feathers, given as a symbol of affection
Lū’au	Literally means taro leaves, but used for a Hawaiian feast
Mahalo	Thank you
Mahalo nui loa	Thank you very much
Makai	Towards the ocean
Mauka	Inland, upland, towards the mountains
Mele Kalikimaka	Merry Christmas
Ohana	Family
‘Ono	Delicious or tasty
Pau	Finished, ended, all done
Wahine	Woman, lady
Wai	Water, usually fresh water

Aloha Gamma Theta Chapter,

Congratulations on another year complete and passing the torch to the fifth group of Officers for the chapter. I can tell by the accomplishments that everyone has been busy and that the previous year did a great job in preparing this group to lead the way. Time has passed quickly since a small group of founding Brothers set to establish a Phi Dex chapter at UH Hilo. It was with the enthusiasm and help of the National Officers, and a regional liaison, that we gained the interest of a large first pledge class. Much of what we did was learned along the way, but the values of the organization and vision we shared took shape into an experience that we hoped would root each class as it carried on the legacy.

I am proud to see that the chapter has lived up to that confident ideal and continues to define itself through the hard work and leadership of each Brother. Seeing that the chapter maintains its connection, both regionally and nationally, while making its footprint on the islands with community service like the Miloli'i health fair is inspiring. That success also shows that the core connection of Brotherhood is thriving. Congratulations again on a year well done and continue to make each Brother proud as you prepare to host the regional conference in 2014.

AAAE,

Garret Hand

**LET US HEAR MUCH, SPEAK LITTLE, AND ACT WELL/  
message from alumni**



# THE DANIEL K. INOUE SPRING AWARDS CEREMONY

5.1.2013

Left to Right: Dr. Leng Chee Chang, Dr. Aaron Jacobs, Dean John Pezzuto, Dr. Forrest Batz, Dr. Leslie Rodriguez. Photo by the Daniel K. Inouye College of Pharmacy



Every year the Daniel K. Inouye College of Pharmacy honors a student organization that has gone above and beyond to receive the Outstanding Student Organization Award. This year Phi Delta Chi Gamma Theta was honored to receive this prestigious award. On top of receiving this award, Gamma Theta's Worthy Chief Counselor Janine Masri received the Student Leader of the Year. This is awarded to one P3 student who has made a great leader in the eyes of the professors and their fellow students. Lastly Gamma Theta's two advisors, Dr. Aaron Jacobs and Dr. Leslie Rodriguez, both received two out of three awards for outstanding pharmacy practice and pharmacy science faculty member of the year. To say the least, this was a huge night for the Gamma Theta chapter and the chapter could not have been more pleased with results.



## Outstanding Student Organization of the Year



Gamma Theta at the awards ceremony

# LET US BE JUST/brotherhood



**Brotherhood  
Committee  
Chair:**  
**Eddie Wong**

**Committee  
Members**

Bert Matsuo  
Nick Rovang  
Lance Cabanting  
Ryan Himes  
Clesson Lee  
Ryan Fukumitsu  
Thai Nguyen  
Jin Bae Pak  
Mina Ibrahim  
Kelsey Chang  
Keith Acab  
Jamie Mizusawa  
Thuy Pham  
Natalie Savona

Brotherhood Is by Jarius Mahoe

Brotherhood is a bond. Brotherhood is trust. Brotherhood is knowing the person next to you has gone through the same experiences you have. Have tasted the same bitterness of defeat and the same sweetness of victory. Brotherhood is about rising as one, or lest, falling as individuals, because brotherhood does not denote wellness alone.

Brotherhood is not always seeing eye-to-eye. Brotherhood is not always blue skies and sunshine. Brotherhood is disputes and disagreements. Brotherhood is a testament of character. It is a boundary where only the selected few are allowed to cross into. As with any family, we do not always agree on the same matters. As with any family, we hurt the ones we love the most, and are often hurt by the same. But it's in these unpleasant times where we build tighter bonds and closer friendships, because brotherhood is unselfish.

Brotherhood is helping one another study until the wee hours of the morning. Sharing notes before the exam. Brotherhood is volunteering precious time assisting those that need assistance. It is an entire chapter giving up their weekend to drive 100 miles to put on a health fair in an underserved population, and then, driving 100 miles back. Brotherhood is giving more of yourself, and expecting nothing in return.

Brotherhood is that ride to the airport at 5:30 in the morning. Brotherhood is renting a hotel room and letting your brothers sleep on the bed while you sleep on the floor. It is saving a seat for someone who's late on the very first day of orientation. Brotherhood is baking over 500 chocolate chip cookies for fundraising. Brotherhood is counting and packing T-shirt orders for three hours. It is wrapping and giving Christmas gifts to the less fortunate. Brotherhood is bringing bags filled with McDoubles, McChickens and McNuggets to initiation night. Brotherhood is washing cars alongside one another for three hours straight in the blistering sun. Brotherhood is eliminating your brother in the Starbucks parking lot with a water gun. It is helping your brother move from one house to the next... and to the next.

Brotherhood is being there for one another, whether its physically or emotionally. Brotherhood is shamelessly asking for help. It is looking your brother square in the eye and from the bottom of your heart, saying "thank you" because you owe them more than they will ever know. Brotherhood is the shoulder you cry on. It is the smile that brightens your day. It is the laughter and the good times.

For brotherhood knows no boundaries. Brotherhood does not judge by race, culture, or differences. Instead, brotherhood oversees our flaws, and embraces our strengths. It is what makes us. It is what defines us.



The Brotherhood Committee



Due to exams and prior obligations, this year Founder's Day was held a week later on Saturday November 10th. The event took place at the house of then pledge and now fellow Brother Jillian. In addition to celebrating Founder's Day, Gamma Theta took the opportunity to reveal the Big-Little matching, which everyone had been awaiting anxiously.

Everyone met up in the evening on campus to carpool to Jillian's house. There, carpooling was divided to mix together pledges and active brothers, which gave everyone the opportunity to get to know each other better during the twenty minute drive. Once everyone arrived and the bonfire was blazing, brothers gathered around the fire to start the celebration. With the light from the fire and help from flashlights we listened as brothers took turns reading a few sentences about the founding and history of PDC.

Next, it was time for what everyone had been waiting for, the revealing of the Big-Little matches. Since, the pledge class had performed karaoke skits a few weeks back, the actives thought it be fair if this time the active brothers sang to the pledges. With all the pledges turned looking away, one active brother at a time would step up and sing a few verses to their Little-to-be. It was then up to the pledge to guess correctly the active brother they had been matched to. Needless to say, this was not an easy task for the pledges and some required more than one turn.



Eventually everyone was paired up with some active brother having up to two littles due to our large pledge class. Thereafter, bigs and littles exchanged hugs, gifts, and stories about how they either had some idea or none at all from the various gifts that had anonymously been delivered to them. Afterwards Gamma Theta turned on the grill to cook some hamburgers and hot dogs. The rest of the night was bonding time for all actives and pledges as we gathered around the bonfire making s'mores.



- Brother Antonio Verduzco



# SECRET SANTA

11.27.2012

All active brothers of PDC gathered in the spirit of the holidays to share gifts and cheers. While the suggested limit was \$20 for each brother, most brothers went above and beyond to find something their person would enjoy. Many brothers found that while they hang out with brothers all the time, finding something they'd like is a whole other story. The Facebook, Pinterest and Instagram stalking really helped. Any event would not be complete without food. Brothers also pitched in potluck style to make this event the best it could be. After all the revealing, everyone got to thank their secret Santa and take pictures with them.



"I don't know how to skateboard, but I got the next best thing when I opened my present from my secret Santa. The tech deck allows me to do with my fingers, what I



couldn't do with my feet. My secret Santa also went out of her way to find out what my favorite candy is too. I could eat Hershey kisses with almonds all day long. I finished the bag in 2 days. I can't wait until next PDC brothers secret Santa "

-Brother Eddie Wong

# PDC BOWLING

10.13.2012

This joy filled event was the perfect opportunity for the brothers to build a stronger relationship amongst each other. This event took place October 13, 2012 and the brothers who attended our first annual bowling competition were Andy Le, Jack Goldsberry, Ryan Himes, Janine Masri, Keith Acab, Antonio Verduzco, Jimmy Stevens, Brandon Reiss, and Bryan Huyhn. This brothers-only event was fun-filled with a \$25 dollar gift card presented to the winners of each match. It was a memorable experience that allowed the brothers a change of scenery from their normal work and school environment to a friendly competition of bowling.

Gamma Theta only had two winners of the bowling matches, Bryan Huyhn and Jack Goldsberry, but there were also several notable experiences as well. First, Janine Masri successfully was able to role the bowling ball down the entire lane. Second, Brandon Reiss (a current p4) was able to reunite with his PDC Gamma Theta brothers which he hadn't seen in months because of distant rotation sites. Finally, and most importantly, everyone who attended had an awesome time and truly enjoyed attending this event with their fellow brothers. There were only two winners of the matches but everyone won a joyful memory including fun-times with their brothers.

-Brother Ryan Himes



# PDC PAINTBALL

3.30.2013

Gamma Theta started this tradition last year where brothers go paint balling at the local course in Pahoa. This year brothers went on March 30. It was a wet and rainy day but the brothers still managed to tough it out and play. Gamma Theta had a lot of fun at this event and it was a nice break from the more normal brotherhood events. It was a great time for brothers to all bond and practice working together as a team. It also gave an opportunity to get out of town to a more rural area, which helps build connections with people outside of Hilo while also supporting local businesses. The owner Charlie is retired and the paintball course located on his land is his only source of income outside of family. He really enjoys having Gamma Theta there and he even remembers Gamma Theta from last year. Charlie is extremely friendly and is very accommodating to requests. Gamma Theta plans on keeping up with this tradition for as long as Charlie stays in business.



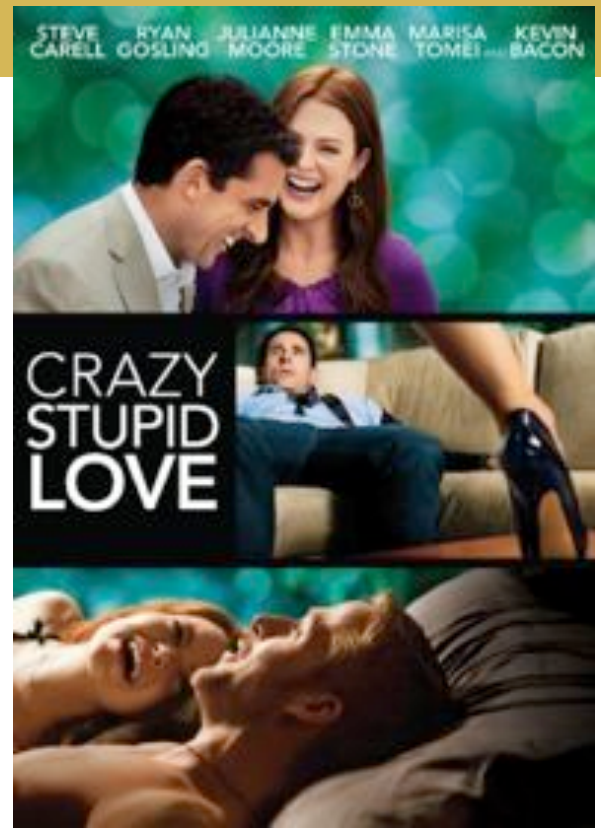
-Brother Keith Acab

# PDC TACO NIGHT

3.1.2013

Taco night with NCPA. Collaborations are always fun. Peanut butter and jelly. Burgers and fries. Phi Dex and Brotherhood (in conjunction with NCPA). And of course, Tacos and a Movie! When brothers entered the room, the smell of tacos were exhilarating. Tacos, drinks, salsa, all the works. To add to the excitement, Gamma Theta threw in some comedy and laughs with Steve Carell, Emma Stone, and abs (Ryan Gosling). Yes, you guessed it, the movie Crazy, Stupid, Love was the entertainment for the evening and it did not disappoint. People laughed, cried, and got full off of tacos! What more could you want in a brotherhood event!

- Brother Jin Bae Pak



# 30th ANNUAL BUSINESS REGATTA CANOE RACE 4.14.2013

This year was the first time Gamma Theta chapter participated in the Annual Business Regatta. This is a very big event for the Hilo community and the chapter was happy to involve themselves with the local community. Brother Eric Wigmosta came up with the idea and brought the whole event together. The regatta is based around each company or group racing canoes against one another. Each team is composed of five paddlers and one person steering, provided by the canoe club. The top three from each heat were able to move on to the next round. Although our Gamma Theta brothers paddled hard and gave their best efforts, unfortunately we were not able to advance. However, the brothers had a great time cheering and hanging out at the beach. The community also seemed very happy to have us there, even if they did pronounce our name as "Phi Delta Chee".





September  
Jack Goldsberry

October  
Rome Lamosao



November  
Jill Villarosa

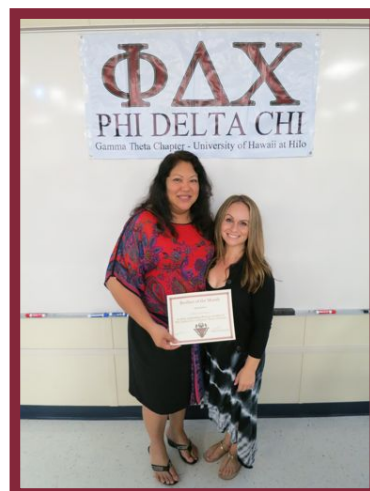
January  
Lindsey Takara



February  
Mina Ibrahim



April  
Veronica Cummings



March  
Natalie Savona

LET US GIVE OUR BEST EFFORTS TO OUR BROTHERS/  
brother of the month



**ALTERUM ALTERIUS AUXILIO EGET**