

# Kōkua Aku, Kōkua Mai Hawai'ian: 'give help, receive help'; 'help one another'

Phi Delta Chi - Gamma Theta, Universityof Hawai'i at Hilo College of Pharmacy

#### **OFFICERS** = SY 2011 - 2012 =

**Worthy Chief Counselor** Prabu Segaran

**Worthy Vice Counselor** Christopher Kamei

**Worthy Correspondent** Cheryl Lopez

Worthy Keeper of Records and Seals Margaret Kang

**Worthy Keeper of Finance** Tanya Nojiri

> **Worthy Prelate** Veronica Cummings

**Worthy Master-At-Arms** Victor Lin

**Worthy Inner Guard** Matthew Sasaki

**Worthy Alumni Liason** Torrey Ikeda



Phi Delta Chi - Gamma Theta - 68th Grand Council

#### Volume 3, Issue 1

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Matthew Sasaki - #45 Gamma Theta Chapter "Unforgettable"

" I attended the 68th Grand Council of Phi Delta Chi in Buffalo, New York from August 2-6<sup>th</sup> The purpose of Grand Council is PDC GRAND COUNCIL to bring together all the collegiate and alumni chapters of PDC in order to conduct official fraternity business. Grand Council

also offered me the opportunity to represent our chapter at the chapter showcase, attend numerous educational sessions, and meet collegiate and alumni brothers from across the nation.

I represented Gamma Theta as delegate for Grand Council. In this position I was charged with attending the formal business meetings and voting on fraternity decisions. At the business sessions, changes to the constitution and bylaws were made and new national officers were elected. I also attended regional meetings where we shared our chapter's report of business over the past year. The chapter showcase allowed me to present our chapter's happenings over the past year to all the brother chapters. During the showcase, I also took the time to learn what other chapters had done and if these were ideas we could possibly use. We did many activities including Niagara Falls, the Anchor Bar vs. Duff's challenge, and patronizing local watering holes. Throughout the Grand Council I was able to meet several brothers from across the nation. This was probably the most rewarding and unforgettable experience I had."















Tanya Nojiri - #40 Gamma Theta Chapter PDC GRAND COUNCIL "Cloud Nine"

"Attending the 68<sup>th</sup> Grand Council of Phi Delta Chi was one of the biggest learning experiences I had. Stepping outside my comfort zone from Hawaii all the way to Buffalo gave me the opportunity to see different things and experience the cultures of others. Grand Council allows brothers from all over the country to meet for a week to attend business sessions where policies are reviewed and voted on, national officers are elected, officer training courses are provided, and each of us have a voice to take action on a Policy Development Committee.

I represented Gamma Theta as the alternate delegate in case our delegate, Matthew Sasaki, was unable to attend any of the meetings. Matthew and I proudly represented Gamma Theta. We were required to share a chapter report that consisted of the chapter's membership, professional events, social and brotherhood events. and alumni news. We also made a poster board presentation so we could showcase our chapter and show our brothers a little taste of Hawaii. During the banquet, I felt something that I hadn't felt before. Gamma Theta was awarded the 100% Achievement Award and as Matthew and I walked up to receive the award, many of our brothers clapped, cheered and some stood up. It felt great to represent Gamma Theta as a new chapter that is expanding and strengthening so rapidly. We also went up to receive our Charter that night, Matthew and I were on cloud nine.

All together, it was an awesome experience to meet brothers and feel welcomed to the Phi Delta Chi family. I highly encourage all brothers to attend any of the Phi Delta Chi events."

Calendar of Events	2011 - 2012
September	<ul> <li>Rush Period Begins!</li> <li>3rd: Day at the Bay (aka Day at Vic's house)</li> <li>8th: Game/Ice cream social</li> <li>27th: Pledge Pinning Ceremony</li> </ul>
October	<ul><li>1st: Hapuna Beach w/ Pledges</li><li>16th: UHH CoP Health Fair &amp; White Coat Ceremony</li></ul>
November	• 6th: Founder's Day/ Pizza Pool Party w/ Pledges
December	• Rush Period Ends!
January	<ul> <li>10th – 15th: I-Week for Pledges</li> <li>15th: Initiation Ceremony</li> <li>PDC Big Island Candies Fundraiser</li> </ul>
February	• 3rd - 5th: PDC Regionals in Portland, Oregon
March	• 9th -16th: PDC Break-room Fundraiser
April	<ul> <li>7th: Miloli'i Health Fair</li> <li>Spring Fling (TBD)</li> <li>29th: KTA Carwash</li> </ul>
May	• PDC Graduation Party - Class of 2012 (TBD)

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Adam Stockdale

Chris Ayson

Veronica Cummings

Torrey Ikeda

Meg Kang

Cassie Kim

Elizabeth Lee

Victor Lin

Cheryl Lopez

Brynn Macumber

Tanya Nojiri

Jason Okazaki

Brandon Reiss

Matthew Sasaki

Nicole Schauer

Prabu Segaran

Mike Tsuji

Reece Uyeno

#### **Brotherhood**

P2s & P3s

Jimmy Stevens

Keith Acab

Kurt Adkins

Katie Bass

Jack Goldsberry

Todd Kitamori

Andy-Long Le

Janine Masri

Thao Phan

Jason Wong

Mathew Mullahy

Li Chen

2011



Advisor

Aaron Jacobs

P4s

Bryceson Tanaka

Stephen Wong
Kyle Higuchi
Jenna Fujimoto
Paige Kurosawa
Thomas Bui
Lawrence Chan
Meng Fei Lee
Jeremy Watson
Carol Lynn Goo
Derek Dominguez
Brian Vo
Irene Chiu
Tanya Moore
Lee Hoang

# PDC Rush/Socials

Sept 3, 2011 = Day at the Bay... turned into Day at Vic's House due to Hilo rain. Still had a great time meeting new pledges and hanging out with active brothers. Check it out!



















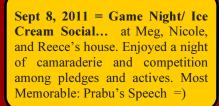
































## PDC Rush/Socials





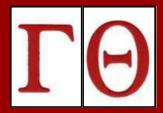
**Sept. 13, 2011 = Pizza Night...** at Brandon's house. Brothers got together with pledges to eat pizza, show some ping pong skills, and chill by the pool. Can't turn down free food and great company!











#### Academic Achievements

Fall Semester 2011 Dean's List

CLASS of 2013

Kurt Adkins
Christopher Ayson
Christopher Kamei
Margaret Kang
Elizabeth Lee
Victor Lin
Cheryl Lopez
Brynn Macumber
Mathew Mullahy
Jason Okazaki
Matthew Sasaki
Nicole Schauer
Prabu Segaran
Michael Tsuji
Reece Uyeno

CLASS of 2014

Jack Goldsberry Romelynne Lamosao Andy-Long Le Janine Masri Kenneth Navarrete Thao Phan



**CLASS** of 2015

Jozelle Gabriel
Ryan Himes
Bryan Huynh
Madison Karr
Jennie Lim
Tracy Ng
Jin Bae Pak
Latasha Riddick
Natalie Savona
Lindsey Takara
Antonio Verduzco
Jill Anne Villarosa
Edward Wong

# PIGPIGES



#### Gamma Class





Christine	Romelynne	Kenneth	Shadi
Lucas	Lamosao	Navarrete	Obeidi
Roxanne	Stacie	Auyeung	Ryan
Sewake	Takahashi	Chichiu	Fukumitsu
Jozelle	Ryan	Bryan	Madison
Gabriel	Himes	Huynh	Karr
Clesson	Jennie	Tracy	Thai
Lee	Lim	Ng	Nguyen
Jin Bae	LaTasha	Natalie	Lindsey
Pak	Riddick	Savona	Takara
Antonio	Jill Anne	Daniel	Eric
Verduzco	Villarosa	Watanabe	Wigmosta
Edward Wong	CONGR	ATULAT	IONS!!!!



Congratulations Class of 2015!!
- From Phi Delta Chi -

### **UHH CoP Health Fair**

October 16, 2011 - 3rd Annual CoP Health Fair took place at Campus Center Plaza. Thanks to Chris Kamei and Torrey Ikeda for representing PDC at the CoP Health Fair meetings. Also special recognition goes to the brothers who stepped up and chaired the following:

- 1. Osteoporosis -Kurt Adkins
- 2. Hypertension Jason Wong
- 3. Sexual Health Katie Bass
- 4. Cancer Janine Masri
- 5. Immunization Li Chen
- 6. Stage Program/MC Nicole Schauer





# Founder's Dap

Robember 6, 2011

Although Founder's Day was on Nov. 2nd, we celebrated it on a Sunday afternoon at the UHH Student Life Center with the pledges. We gathered in a circle to remember all the past achievements of Phi Delta Chi, had a potluck, and even enjoyed watching a swimming race among our brothers.





#### 2012 Phi Delta Chi Pacific Regional Conference

Friday, February 3, 2012 at 4:00 PM - Sunday, February 5, 2012 at 12:00 PM (PT) Portland, OR



# Portland Here We Comelli

Andy-Long Le
Torrey Ikeda
Reece Uyeno
Margaret Kang
See Contract
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Fig. 13/10
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#### Gamma Theta: 2012

Gamma Class Initiation Ceremony: January 15



- Congratulations to the Gamma Class!! You deserve it!! =)
- We just initiated our 100th member. Go Phi Dex!!
- More events to come, so stay tuned...
- If you would like to share your stories or achievements, please send it to WKRS Meg Kang (mpkang@hawaii.edu).



#### PDG ALUMNI

#### Aloha Gamma Theta Chapter!

It has been great to hear about the progress the chapter has made. The coming initiation of the Gamma class, the number of Brothers planning on attending regionals, and the plan for the 2014 regionals to be hosted by our chapter are all achievements for alumni of which to be proud. Growth and continual progress has been fundamental to Phi Delta Chi and part of what we had hoped to capture and bring to the UHH CoP since the inception of the chapter. It is an honor to write to the Brother's I've met, and the ones I haven't yet, about the transition into real life after Pharmacy school.

Life after graduation has proven to move just as quickly as it did while in school. For those of you who do not know, Tess and I had a baby girl, Adelynn, last April. She has been a blast to watch grow and keeps us enthralled as we watch her personality emerge. Back in 2009 I signed with the Navy to serve as a pharmacist and officer upon graduation. Just prior to graduating I received orders that outlined my new position in New Hampshire so we set ourselves up to be licensed there and took the exams. As we were packing to leave I received new orders and we learned our new home would be in Connecticut instead. We stayed in Oahu until July and soaked up the last of the Hawaiian sun before we said goodbye to the islands.

I then spent some time in officer training for the Navy. While other new graduates were settling into their new jobs or were becoming immersed in their residencies, I learned how to wear a uniform correctly and was schooled on the finer points and duties of being a Naval Officer. Tess joined me in Newport, RI for graduation from ODS, then we headed off to our current home in Groton, CT.

An unfortunate side effect of the quick change of orders left Tess with a license to practice in state where we do not live. She is currently finishing up her reciprocity and licensing requirements for CT and is looking forward to finally being able to practice as a pharmacist. My job as a Naval Pharmacy officer closely resembles most other pharmacists on most days. I work in an outpatient clinic that serves active duty military, retirees, and their families. Like other pharmacies we are a very busy place.

A large part of my time is spent verifying medication orders from clinic providers and hardcopy prescriptions that patients bring in. I realize I'm spoiled because I don't have to deal with phoned in prescriptions or insurance companies, and no I don't take it for granted. The rest of my time is spent between administrative duties and projects to expand pharmacy within the command. I really couldn't ask for a bigger opportunity as I'm now working with a couple of other Navy clinical pharmacists in New England and developing clinical practice guidelines for our ambulatory care clinics as part of the patient centered care model. Within a few months I should be seeing patients by appointment and even writing some prescriptions for chronic disease states.

While that is a fast recap of the last 8 months it does provide some perspective for me as I write it. The lessons learned from being a part of PDC have been just as beneficial as a knowledge base as topics from the classroom. Take the opportunity to lead a project, committee, or challenge within the chapter, as you will all be leaders, managers, or administrators at some point in your career.

Keep up the hard work with the chapter and continue to make yourselves and the alumni Brothers proud!

AAAE, Garret & Tess Hand



